

## Directing Warm-ups

- Know the warm-up plan
- Thoroughly brief your lane marshals before warm-ups begin.
- Issue the marshal identification vests
- Understand that you have the latitude to make adjustments if the dynamics of the warm-ups session dictates.
- Make sure the announcer is knowledgeable about the warm-up procedures and that s/he remains at their post throughout the warm-ups. The announcer is an integral part of the process.
- In most meets an official (invigilator) is assigned to oversee warm-ups as an adjunct to you (MSD) and your staff. This official may be the referee or their designee and as such has final authority over the warm-up session. Never the less, you are in charge and unless you do something diametrically opposed to the intent of the warm-ups or the guidelines, the invigilator will probably not interfere. Use the invigilator as a resource. (At early morning meets, an official may volunteer to serve this role during warm-ups if the referee has not yet arrived. If no one volunteers, ask an official!)
- If a swimmer or coach persists in not following guidelines or in not responding to requests by a lane marshal, consult with the invigilator before taking action against the individual. If the invigilator is not immediately available, take an appropriate course of action, and ratify it with the official.
- Items to watch for and react to: Balance coverage of the deck by marshals; problems that result from younger swimmers warming up in the same lanes as older, bigger, faster, stronger swimmers. This latter situation is likely to occur during timed finals meet warm-up sessions when “open” events are scheduled, as well as prior to finals in a prelims-finals meet.

Revised 03/2016