

# **2018 Regional Champs**

**Hosted by LSSC  
February 25, 2018**

## **Sunday Morning Warm Up**

7:30-8:00am: LSSC and LRST

8:00-8:30am: CLE, WEST, SHSH, VSC

Meet Start: 8:35am

## **Afternoon warm up will not begin before 11:40am**

First 30 Min. Warm Up: LSSC and LRST

Second 30 Min. Warm up: CLE, WEST, SHSH, VSC

### **Additional Information:**

If there is a swimmer not accompanied by a coach they can attend warm up with LSSC.

Parking and pool entrance is off of Wagar Road.

Deck Entries will be accepted on a space available basis.