

# Turn up the HEAT @ Cleveland State University

Robert F. Busbey Natatorium, Cleveland State University, 2451 Euclid Avenue, Cleveland, OH 44115

## AM Session:

Warm-ups will begin for all teams at 7:45 am.

See Team Lane Assignments listed below.

Deep end lanes 2-10 will be open for sprint starts at 8:10 am.

### Shallow End-Lane 1 by bulkhead, Lane 10 by scoreboard

Lanes 1 - 7 HEAT

Lane 8 GO + UVFYT+GLSS+SYMR

Lanes 9 -10 RYD

### Deep End

Lanes 1-2 LESD

Lane 3 LESD+CSI

Lanes 4 - 5 CLES

Lane 6 STRS

Lane 7 STRS+SHSH

Lane 8 CWW

Lane 9 CWW+MAC

Lane 10 USC

## PM Session:

Warm-ups will not begin before 12:30 pm. See Afternoon Team Lane Assignments listed below.

ALL Lanes in the Deep End will open for sprints after 30-minutes of general warm-up.

Sprint Lanes will be open for 15 minutes

The afternoon session will begin at the conclusion of the 45-minute warm-up.

### Shallow End- Lane 1 by bulkhead, Lane 10 by scoreboard

Lanes 1 - 6 HEAT

Lane 7 CLES

Lane 8 CLES+SYMR+UVFYT

Lane 9 GO

Lane 10 USC

### Deep End

Lanes 1 - 2 LESD

Lanes 3 - 4 STRS

Lanes 5 - 6 RYD

Lane 7 SHSH

Lane 8 SHSH+MAC

Lane 9 CSI

Lane 10 CWW

## Reminders & Important Information

- **Deck entries** will be accepted on a space-available basis only for both sessions.
- Clerk of course will be available for 10 and under events in the AM session only. **Please have swimmers in events 2 & 3 report to Clerk of Course IMMEDIATELY following warm-ups.**
- Both sessions of this meet are deck-seeded. **All swimmers must circle in** for all of their events. Circle-in sheets will be posted on the pool deck.
- We will conduct fly-over starts for both sessions.
- Please include signed CSU waiver forms (included in this meet information) for each athlete.
- **Parking:** CSU charges for event parking-estimated \$10/day. Parking lots are available at:
  - The corner of Chester Ave and East 22<sup>nd</sup> Street
  - Euclid Ave and East 24<sup>th</sup> St
  - City of Cleveland meter parking all day Sunday on Chester Ave

**Fine Design & Aquatic Outfitters** will be on the main floor, offering meet T-shirts and swimming related items for sale.

**Light concessions** (provided by CSU) will be available on the main floor.

**Cleveland State University  
Release and Waiver of Liability**

As consideration for my participation in the \_\_\_\_\_, (the "event") I hereby for myself, family, heirs, executors, administrators and assigns waive, release and forever discharge Cleveland State University and its Board of Trustees, officers, employees and agents from any and all liabilities, demands, claims, damages, losses, costs (including attorney's fees), actions and causes of action arising out of or in connection with my participation in the above listed event and/or the use of Cleveland State University facilities, furnishings, or equipment during this event, except to the extent such liabilities, demands, claims, damages, losses, costs (excluding attorney's fees), actions and causes of action are attributable to the negligent actions of Cleveland State University or its Trustees, officers, employees, or agents while acting within the course of their employment, as set forth in Ohio Revised Code Section 2743.02. I also acknowledge that Cleveland State University and its Trustees, officers, employees and agents assume no responsibility for any bodily injury, death, loss, illness or accident to myself or others or damage to personal property which may arise out of my participation in this event.

I fully understand and hereby acknowledge that participation in this event involves many risks, including the risks of serious bodily injury and death. In consideration of being allowed to participate in the event listed above, I voluntarily accept and assume all responsibility for and risk of such personal injury arising from such participation.

I understand that any University personnel or agents participating in this event are not necessarily medically trained to care for any physical or medical problems that may occur during this event. I release all such personnel from any claim whatsoever on account of first aid or service rendered to me during my participation in this event.

By placing my signature below, I acknowledge that I have adequate medical and hospitalization insurance for any injuries that I may incur as a result of participating in this event. I attest and verify that I am 18 years of age or older, that I have had a recent physical examination and that I have no known health problems or conditions that could prevent me from successfully participating in this activity.

**IF APPLICANT IS LESS THAN 18 YEARS OF AGE, THE PARENT'S CONSENT, RELEASE AND WAIVER OF LIABILITY ON THE BACK OF THIS FORM MUST ALSO BE COMPLETED AND SIGNED.**

\_\_\_\_\_  
Participant's Name (Please print)

\_\_\_\_\_  
Participant's Phone

\_\_\_\_\_  
Participant's Address

I have read and fully understand the entire **RELEASE AND WAIVER OF LIABILITY** and my signature below confirms my full understanding and voluntary acceptance of such **RELEASE AND WAIVER OF LIABILITY**.

\_\_\_\_\_  
Participant's Signature

\_\_\_\_\_  
Date

