

Solon Stars Fall Break Out Meet

AM Session:

Warm ups will be divided into two 30 minute sessions. HEAT and Stars will warm up from 7:30 a.m. to 8:00 a.m.. All other teams and unattached LE swimmers will warm up from 8:00 a.m. to 8:30 a.m. The meet will start at 8:35 a.m..

There will be Clerk of Course for the morning session only. Swimmers in the first four events should report to Clerk of Course immediately after their warm up session has concluded. Thereafter, swimmers should report to Clerk of Course promptly when their event is called.

Relays will line up at the blocks. They will not report to Clerk of Course.

This is a pre-seeded session. We will take deck entries to fill lanes but we will not add heats nor will we take stand by's for deck entries.

PM Session: Afternoon warm ups will not start before 11:00 a.m. Warm ups will be divided into two 40 minute sessions. Heat and Stars will warm up in the first session. All other teams and unattached LE swimmers will warm up in the second session.

The Solon Stars adhere to the Safe Sport practices and policies of USA Swimming and Lake Erie Swimming. Spectators will not be permitted on deck or in the locker rooms. Restrooms are available in the lobby.