

**LAKE ERIE SWIMMING, INC.**  
**PROPOSED AMENDMENTS TO BYLAWS AND POLICIES AND PROCEDURES**  
**SEPTEMBER 2019**

<b>No.</b>	<b>Description</b>	<b>Location</b>	<b>Recommendation from Board</b>
R-1	To revise the method of balloting for Athlete Representatives.	Bylaws 6.2 and 7.1	Not Yet Reviewed
R-2	To change what is required with respect to the conduct of warm-up sessions at meets.	P&P 5.7.4.D	Not Yet Reviewed

**Location:** Bylaws **Section 6.2.1 – Other Directors/Athlete Representatives**  
**Section 7.4.1 – Athletes Committee**

**Proposed by:** Julie Bare

**Purpose:** To revise the method of balloting of Athlete Representatives.

**Rationale:** To align the Bylaws with the current practice for the election of Athlete Representatives.

**Recommendation:** The Board of Directors has not yet reviewed this proposal.

**Effective Date:** January 1, 2020

## 6.2 OTHER DIRECTORS

- .1 ATHLETE REPRESENTATIVES - Two (2) Athlete Representatives shall be elected, one each year for a two-year term, or until their respective successors are elected. At the time of election, the Athlete Representative must (a) be an athlete member in good standing; (b) be at least a sophomore in high school or at least 16 years of age, (c) be currently competing, or have competed within the three (3) immediately preceding years, in the program of swimming conducted by LESI or another LSC; and (d) have his or her place of permanent residence in the Territory and expect to reside therein throughout at least the first half of the term (other than periods of enrollment in an institution of higher education). The balloting shall take place ~~via electronic vote and/or~~ at a meeting called for that purpose by the Senior Athlete Representative, or failing that, at a time and in a manner designated by the Board of Directors. At least twenty (20) days' written notice of the election shall be given to all clubs. The Athlete Representatives elected shall be determined by a majority of the ~~athlete members who are age eleven (11) or older~~ of the Athletes Committee present and voting. In no case shall the Athlete Representatives be members of the same club.

## 7.1 ATHLETES COMMITTEE -

- A. CHAIR - The Senior Athlete Representative or his/her designee shall be the chair of the committee.
- B. MEMBERS - The Athletes Committee shall consist of the Athlete Representatives, the Athlete At-Large Board members, and each club member's athlete representative. The Administrative Vice Chair shall serve as the liaison to the Athletes Committee and ensure that their elections are held in accordance with the LESI Bylaws.

C. DUTIES - The Athletes' Committee shall have general charge of the business and affairs of the Athletes of LESI, and shall elect the Athlete Representatives and undertake such activities (a) delegated to it by the Board of Directors or the General Chair or (b) undertaken by the Committee as being in the best interests of the Athlete Members, LESI, USA Swimming and the sport of swimming.

**Location:** P&P **Section 5.7.4.D – Length of Warm-up**

**Proposed by:** Bill Bare

**Purpose:** To change what is required with respect to the conduct of warm-up sessions at meets.

**Rationale:** The current wording is too regimented and forces teams to unnecessarily go to a second warm-up session. These provisions would work better as guidelines rather than mandates.

**Recommendation:** The Board of Directors has not yet reviewed this proposal.

**Effective Date:** January 1, 2020

#### D. Length of Warm-up

- (1) Where continuous warm-up is not available, a warm-up period of at least ten (10) minutes shall be provided prior to the swimming of individual events 400 yards/meters or longer, excepting those meets where only individual events 400 yards/meters or longer are offered.
- (2) Warm-up sessions of 60 (sixty) minutes or less for timed finals sessions or preliminary sessions should ~~shall~~ be split into two sessions if by team, age group, gender, or other means when the average number of swimmers per lane is scheduled to substantially exceed fifteen (15) swimmers per lane for Short Course and thirty (30) swimmers per lane for Long Course. The split shall be done at the discretion of the meet director and meet referee based on the meet and anticipated number of athletes for the session while ensuring , ~~into a minimum of two groups, in which case warm-up shall be~~ a minimum of thirty (30) minutes per group for swimmers age 14 and under, or a minimum of forty (40) minutes per group for swimmers age 15 and over. The meet referee may begin competition before the scheduled conclusion of warm-up if athletes have completed their warm-up and all scheduled swimmers for the first heat are available. General warm-up may be conducted concurrent with the competition where a continuous warm-up is available.
- (3) Warm-up for any finals session shall be a minimum of thirty (30) minutes.