



Lake Erie Swimming will hold Winter Championships* on December 11-13, 2020, at Spire Institute. The meet will have five (5) sessions; each session will be Timed Finals.

Friday, December 11, 2020

- Session 1(AM): 200 Free, 100 Breast and 100 Back
- Session 2 (PM): 100 Fly, 400 IM and 50 Back

Saturday, December 12, 2020

- Session 3 (PM): 200IM, 50 Free and 500 Free

Sunday, December 13, 2020

- Session 4 (AM): 200 Fly, 100 Free, 50 Breast and 1650 Free
- Session 5 (PM): 2000 Back, 50 Fly and 200 Breast

TIME STANDARDS

2020 USA SWIMMING 18 & UNDER WINTER CHAMPIONSHIPS

GIRLS		EVENTS	BOYS	
SCY	LCM		SCY	LCM
24.39	27.69	50 Free	21.69	25.19
52.69	59.99	100 Free	46.99	54.39
1:53.79	2:09.09	200 Free	1:42.89	1:59.29
5:06.59	4:31.49	400/500 Free	4:39.89	4:12.49
10:26.69	9:19.39	800/1000 Free	9:40.09	8:45.99
17:24.79	17:50.79	1500/1650 Free	16:15.19	16:48.99
58.69	1:07.59	100 Back	52.59	1:01.49
2:06.29	2:25.49	200 Back	1:53.99	2:13.29
1:06.69	1:16.79	100 Breast	59.29	1:09.39
2:24.19	2:45.09	200 Breast	2:09.89	2:30.59
58.09	1:05.39	100 Fly	51.69	58.99
2:06.69	2:23.39	200 Fly	1:54.89	2:11.49
2:09.59	2:27.89	200 IM	1:56.29	2:14.19
4:33.49	5:10.39	400 IM	4:10.09	4:45.29

Time standards for 50 of strokes TBD

**Clubs across the country will be holding 18 and Under Winter Championships, and USA Swimming will compile the results on a national leader board.*