

2024 Age Group Championship Meets

Regionals

- Eligibility: 14 & Under
- Dates: 2/17 or 2/18, 2024
- Locations/Hosts: LSSC, NCAT, PA, SWIM
- Saturday, February 17 @ YSU hosted by PA Contact Kristen Reynolds: kristen@piranhaaquatics.com (still needs confirmation from YSU)
- Sunday, February 18 @ Solon hosted by NCAT Contact Dave Perchinske: daveperchinske@gmail.com
- Sunday, February 18 @ Medina hosted by SWIM Contact Tom Stacey: tstacy@swimstrongsville.org
- Sunday, February 18 @ Rocky River hosted by LSSC Contact Vince Colwell: vcole21@gmail.com

*Unattached Swimmers should attend the meet site closest geographically.

LSSC @ River	SWIM @ Medina	NCAT @ Solon	PA @ YSU
AAC	CAQ	BBA	GWA
CSI	CCS	BBSC	KS
FAST	CCST	GLSS	PA
LSSC	CFYN	GYB	PAC
LRST	CLES	HTS	PS
PCP	DYP	LESD	PWRS
RAZR	HEAT	MRAY	VSC
RYD	MYG	NCY	WHAT
WEST	SWIM	NCAT	YYN
	WYRC		

- Timed Finals
- Time Standards: 2021-2024 slower than NAG 'BB'
- Age-Up Clause: Swimmers who age up between Regionals and Age Group Champs (AGC) AND do not have AGC cuts in their new age group may enter and swim at Regionals with proof of their birthday.
- Events:
 - 10U: 50, 100, 200 Free; 50, 100 Back; 50, 100 Breast; 50, 100 Fly; 100, 200 IM
 - 11-12: 50, 100, 200 Free; 50, 100, 200 Back; 50, 100, 200 Breast; 50, 100, 200 Fly; 100, 200 IM
 - 13-14: 50, 100, 200 Free; 50, 100, 200 Back; 50, 100, 200 Breast; 50, 100, 200 Fly; 200 IM
 - 11-14: 400 IM
 - 9-14: 500 Free
 - 14U: 200 Free Relay, 200 Medley Relay
- Relays: limit 2 per team per gender
- Scoring: None
- Time Trials: None
- Team Awards: None
- Individual Awards (Responsibility of each site): Each individual event separately for 9U, 10, 11, 12, 13, 14 per gender for Top 10; Relay Top 5 overall per gender

10 & Under Championships

- Eligibility: 10 & Under
- Date: 2/25/23
- Location: Akron U (waiting on confirmation)
- Host: HEAT
 - Mel Badzoing: mel.badziong@me.com
- Timed Finals: 2 Sessions (8U Girls + ½ of 9-10 events; 8U Boys + ½ of 9-10 events)
- Time Standards
 - 8U: None
 - 9-10: 2021-2024 NAG 'BB' and faster
- Events
 - 8U: 25, 50, 100 Free; 25, 50, 100 Back; 25, 50, 100 Breast; 25, 50 Fly; 100 IM; 100 Free Relay, 100 Medley Relay
 - 9-10: 50, 100, 200, 500 Free; 50, 100 Back, 50, 100 Breast; 50, 100 Fly; 100, 200 IM; 200 Free Relay, 200 Medley Relay
- Scoring (9-10 only): Top 20
- Time Trials: None
- Team Awards for 9-10: Top 3
- Individual Awards provided by Lake Erie:
 - 8U: each individual event separately for 6U, 7, 8 per gender for Top 10; Relay Top 5 overall per gender
 - 9-10: Individually Top 10 for combined 9-10 per gender; Relay Top 5 overall per gender
 - 9-10 High Point & Runner Up by Age Group & by Gender

Age Group Championships

- Eligibility: 14 & Under
- Date: March 8-10, 2023
- Location: Cleveland State University
- Host: LESI
- Format:
 - Friday: Timed Finals
 - Saturday/Sunday: Prelim/Finals
- Time Standards:
 - 12U:
 - 2021-2024 NAG 'BB' and faster
 - 10U must qualify with 11-12 standards
 - Bonus Events: 1 cut=1 bonus for 200y events and shorter
 - 13-14:
 - No Bonus

Girls			Boys			
SCY	SCM	LCM	Event	SCY	SCM	LCM
29.59	32.89	33.89	50 free*	27.29	30.19	31.39
1:04.19	1:11.29	1:13.09	100 free*	59.69	1:05.99	1:08.49
2:18.49	2:34.09	158.59	200 free*	2:10.19	2:23.79	2:29.29
6:18.69	5:32.69	5:40.59	500/400 free	5:58.99	5:14.19	5:24.09
13:01.79	11:24.19	11:41.99	1000/800 free	12:23.89	10:51.09	11:13.99
21:43.19	21:35.69	22:23.09	1650/1500 free	20:43.19	20:35.99	21:27.39
100 back cut			50 back	100 back cut		
1:09.79	1:17.69	1:21.99	100 back*	1:05.09	1:12.49	1:16.39
2:34.89	2:51.69	2:58.69	200 back	2:25.09	2:41.19	2:49.09
100 fly cut			50 fly	100 fly cut		
1:09.49	1:17.39	1:18.79	100 fly*	1:04.79	1:11.89	1:13.99
2:36.89	2:54.49	2:59.19	200 fly	2:26.89	2:42.49	2:47.99
100 breast cut			50 breast	100 breast cut		
1:20.09	1:29.19	1:32.89	100 breast*	1:13.99	1:21.89	1:26.39
2:57.29	3:16.99	3:23.99	200 breast	2:43.99	3:02.99	3:10.79
2:34.49	2:52.39	2:58.19	200IM*	2:25.59	2:40.99	2:47.99
5:37.59	6:15.39	6:25.89	400IM	5:17.09	5:50.69	6:04.69

*denotes events with cuts ~2% faster than NAG 'BB'

- Events
 - 12U: 50, 100, 200, 500, 1000, 1650 Free; 50, 100, 200 Back; 50, 100, 200 Breast; 50, 100, 200 Fly; 100, 200, 400 IM; 200 Free Relay, 200 Medley Relay
 - 13-14: 50, 100, 200, 500, 1000, 1650 Free; 50, 100, 200 Back; 50, 100, 200 Breast; 50, 100, 200 Fly; 200, 400 IM; 200, 400 Free Relay, 200, 400 Medley Relay

- Relays:
 - Teams may enter 2 relays; both can score
 - Teams may bring up to 2 non-qualifying swimmers to fill out 'A' relays only
 - Non-Qualifying swimmers may swim 1 bonus event (50y or 100y events only) on the day of the relay
- Scoring: Top 20; 12U A/B Final in events with minimum 20 swimmers entered; 13/14 A/B Final
- Time Trials: Will be offered, time permitting
- Team Awards: Top 3
- Individual Awards provided by Lake Erie:
 - Individually Top 10 by age group & by gender; Relay Top 5 overall per gender
 - High Point & Runner Up by Age Group & by Gender