

**2024 New Year Stretch**

**Hosted by**

**Lakeshore Swim Club**

**Saturday January 6, Sunday January 7, 2024**

**Held under USA Swimming Sanction # LE 24033 SS;**

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

In applying for this sanction, Lakeshore Swim Club agreed to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Lake Erie Swimming, the State of Ohio and Cuyahoga County (local jurisdiction).

**RISK OF EXPOSURE TO COVID 19:** An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND LAKE ERIE SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

**LOCATION:**

Rocky River High School, 20951 Detroit Road Rocky River Ohio 44116. Pool entrance and parking is located at the corner of Wagar Rd. and Detroit Rd. Overflow parking is in the front of the school on Detroit Road.

**POOL:**

25 yards by 6 lanes, electronic timing and scoreboard. Locker rooms and concessions will be available. The competition course has not been certified in accordance with 104.2.2C (4). The depth of the pool at the start end is 12 feet. The depth at the turn end is 3 feet, 6 inches.

Locker rooms may be accessed from the pool deck. Bleachers are on the pool deck for parents. No swimmer seating in the bleachers. There will be seating for swimmers in the gym.

**COVID PROTOCOLS:**

Lakeshore Swim Club will follow all local county guidelines.

**RACING STARTS:**

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. Backstroke ledges may be allowed for 11 and overs at the discretion of the Meet Director. When unaccompanied by

a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

#### **STARTING TIMES:**

Warm ups will start at 8:00 am. Warm ups shall be 30-45 minutes each session and may be split if the average number of swimmers per lane is scheduled to exceed Lake Erie Swimming's recommended number of athletes per lane. Sessions/Events may be split or combined depending on the number of entries. The finalized warm up plan can be found at [www.lakeerieswimming.com](http://www.lakeerieswimming.com) by Thursday, January 4<sup>th</sup>, 2024. The meet will start 5 minutes after the conclusion of the last warm up. Coaches will be contacted two weeks before meet if warm up and start times need to change.

#### **ENTRY DEADLINE:**

**Entries, electronic or otherwise, will not be accepted before Monday, December 18, 2023 at 9:00 PM.** Entries will be taken on a first come, first served basis. It is suggested that you sync your computer time with the official U.S. time clock found at <http://www.time.gov/> or [www.time.is](http://www.time.is) prior to submitting your entries. Deadline for submission of Hy-Tek/hard copy entries is December 27, 2023. The meet may close before the deadline if the sessions fill, so mail early. Those who get closed out will be notified by email as soon as the session closes.

Email entries to: [johnrchristensen@gmail.com](mailto:johnrchristensen@gmail.com). Mail hard copy & payment to Lakeshore Swim Club, Nicole Slivinski, 358 Moorewood Ave., Avon Lake, OH 44012

#### **TEAM SUPERVISION:**

Teams who are entering swimmers but will not have a coach at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers without coach supervision must contact the Meet Director or Meet Referee to be assigned to a coach on deck.

#### **RETURN TO PLAY LAW:**

Under the Ohio Return to Play Law governing concussions, all coaches and officials (in state or out of state) are required to have proof of training in concussion signs and symptoms. This training is available for free and can be found at <https://odh.ohio.gov/wps/portal/gov/odh/know-our-programs/child-injury-prevention/resources/onlineconcussiontraining>. All coaches and officials are encouraged to take this training. It is your responsibility to take care of this requirement.

#### **ENTRY FEES:**

\$7 per event, \$12 per relay; plus a \$3.00 per swimmer LESI surcharge. There is a \$2/swimmer handling fee for entries not furnished in an electronic file. Make checks payable to Lakeshore Swim Club.

#### **ENTRY LIMITATIONS:**

Swimmers may enter up to 4 events/day, exclusive of relays and may compete in no more than 4 events per day or 8 for the meet. Swimmers may compete in 1 relay per day.

#### **DECK ENTRIES:**

Deck entries will be accepted at the discretion of the meet director and that information will be published after the entry deadline. If deck entries are accepted, they will be on a space available basis and will be seeded at NT. Deck entries are \$12/event plus \$3 surcharge if not in the meet.

#### **ELIGIBILITY:**

Swimmers must be current athlete members of USA Swimming and Lake Erie Swimming and have met the time standard requirements. Coaches must be current coach members of USA Swimming and must check in on each day of the meet. All coaches must display the deck pass (wristband) issued by the meet host. Age as of the date of the meet January 6, 2024.

All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

**QUALIFYING TIMES:**

Please see event listings. Swimmers must be equal to or slower than NAG BB times as of the entry deadline. If the swimmer has no time, please include a time even if it is a practice time. NT will NOT be accepted. Long course conversion times will be accepted.

**PROOF OF TIME:**

Swimmers may not compete in an event in which they are faster than the listed time standard as of the meet entry deadline. Entry times are investigated after the meet if a protest is filed.

**SWIMMERS WITH A DISABILITY:**

Qualifying times for 50-yard/meter events will be waived for swimmers with a disability. Swimmers with a disability may enter an event (such as the 100 free) and swim it with a longer yardage event (such as the 200 free) provided his/her time for the lesser yardage event (100 free) is equal to or faster than the listed qualifying time for the longer yardage event (200 free). Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

**CONDUCT:**

The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations and the Lake Erie Swimming Policy & Procedures. Events will be contested in a 25-yard course. All events are timed finals and will be swum slowest to fastest with the exception of the 400 IM and 500 free which will be swum fastest to slowest. The meet host reserves the right to combine/split sessions and events and/or limit the number of entries in one or more events in order to control the length of the meet. Heats may be limited with preference given to entries submitted first. Teams will be notified by email of swimmers who are affected by such limits by January 3, 2023. Such swimmers may either enter another event if space is available or receive a refund.

**SEEDING & CHECK IN:**

All events, with the exception of the 400 IM and 500 free, may be pre-seeded. The 400 IM and 500 free will be deck seeded. Please circle in for the 400 IM and 500 Free. Circle in will close 45 mins. before the start of the meet. Entries for the 400 IM and 500 free may be limited if necessary. All relay cards must be turned in upon call. Relays may be eliminated if the Meet Director feels it is necessary. The Lake Erie scratch rule (attached) will be in effect.

**CLERK OF COURSE:**

A Clerk of Course will be provided for 10 and Under Swimmers only.

**SCORING:**

The meet will not be scored.

**AWARDS:**

Individual Events: - Ribbons 1-8

Individual Events will be scored as follows:

**8 and Under Events:** 8 and under

**10 and Under Events:** 9-10, 8 and under

**11-12 Events:** 11-12

Heat winners will receive a prize.

**DRONES:**

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

**ADMISSION COST:**

Admission is \$5 per person. Seniors 65 and older and children 6 & under are free. Heat sheets will not be sold but will be posted at the facility. The meet will be on Meet Mobile barring any technical difficulties.

**PARKING:**

Please park in the lot located off of Wagar Road. Additional parking is available off of Detroit Rd. if needed.

**CONCESSIONS:**

Concessions will be available.

**RESULTS:**

Results will be available on [Lakeerieswimming.com](http://Lakeerieswimming.com). Results will be posted on site. Teams may request a backup at the conclusion of the meet.

**TIME TRIALS:**

Time Trials will not be available.

**SAFETY/WARM-UP:**

Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up and throughout the meet. Warm ups shall be 30 minutes each session and may be split if the average number of swimmers per lane is scheduled to exceed Lake Erie Swimming's recommended number of athletes per lane. All entry into the pool for warm-up is feet first from the starting block end of the pool. Swimmers must enter the pool feet first in a cautious manner or using a 3 point entry with one hand in contact with the pool edge. There is no diving during warm-up, except in designated sprint lanes. The final 15 minutes of a 30-minute warm-up shall be conducted as follows:

- (a) Lane 1 push/pace from the start end of the pool (or general warm-up at the discretion of Meet Referee or his/her designee).
- (b) Lanes 2 & 5 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool.
- (c) Lanes 3, 4, and 6 general warm-up, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee.

Swimmers are to sprint one way and climb out at the far end of the pool. Swimmers may be removed from warm-up for violating safety rules. Feet first entry only into the continuous warm-up lanes.

**MEDICAL SUPERVISION:**

A meet safety director and lifeguards will be present to respond to an emergency or provide first aid in the event that it is needed.

**CAMERA ZONES:**

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms. Additionally, under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for race starts during competition and warm-up. Those failing to abide by this rule may be removed from the venue.

**DECK CHANGES:**

Deck changes are prohibited.

**INITIAL DISTANCE:**

In order to be certain that an initial distance or lead-off relay leg is entered into SWIMS, the swimmer or the swimmer's coach should notify either the meet referee or the admin before the event and provide the necessary watches as back-up to the electronic timing. All lead-off relay splits will automatically be uploaded to SWIMS after admin approval; for all other initial distances, the proper paperwork must be completed after the swim in order for the time to be entered into SWIMS.

**OFFICIATING OPPORTUNITY:**

Anyone that is a USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LES) officials in working this meet. Please contact the meet director or the Lake Erie Officials Chair in advance of the meet if at all possible, to let either know of your availability. We are also looking for anyone that is interested in becoming an official, for more information please contact the Official's Chair.

Meet Director's name and email: Sara Verderber, [svrdrbr@yahoo.com](mailto:svrdrbr@yahoo.com)

Official's Chair: Jen Butler [jle3@case.edu](mailto:jle3@case.edu)

**NOTE:** Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

**MEET DIRECTOR:**        **SARA VERDERBER**                                [svrdrbr@yahoo.com](mailto:svrdrbr@yahoo.com)

**ENTRY PERSON:**        **JOHN CHRISTENSEN**                                [johnrchristensen@gmail.com](mailto:johnrchristensen@gmail.com)

**EVACUATION PLAN:** In the event of an alarm or an emergency requiring an evacuation:

- Remain calm
- Do not gather belongings, just leave
- Use nearest exit

Swimmers and Coaches

Follow EXIT SIGNS on the scoreboard end of the pool deck.

Spectators- Bleachers

Follow EXIT SIGNS on the scoreboard end of the pool deck or exit the pool to the lobby doors.

Locker rooms/Main Lobby

Follow EXIT SIGNS to the doors located in the lobby.

## SCHEDULE OF EVENTS

### **New Year's Stretch**

**Saturday, January 6, 2024**

**Morning Session**

**8:00am Warm up**

**Meet Starts 5 minutes after the conclusion of warmups**

Estimated start times will be listed at [www.lakeerieswimming.com](http://www.lakeerieswimming.com) by January 4<sup>th</sup>, 2024

(Must be slower than times listed)

<b>Girls #</b>	<b>Qualifying Time (Slower Than)</b>	<b>Age Group/Stroke</b>	<b>Qualifying Time (Slower Than)</b>	<b>Boys #</b>
1	1:30.69	10 & Under 100 Backstroke	1:29.99	2
3		8 & Under 25 Butterfly		4
5	35.19	10 & Under 50 Freestyle	34.49	6
7		8 & Under 50 Freestyle		8
9	1:39.09	10& Under 100 Fly	1:37.09	10
11		8 & Under 25 Backstroke		12
13	1:44.99	10 & Under 100 Breaststroke	1:41.69	14
15		10 & Under 200 Free Relay		16

Swimmers are required to submit a time for all events. If a swimmer does not have a time for an event, please submit an estimated time.

**Saturday, January 6<sup>th</sup>, 2024****Afternoon Session**

Afternoon warm-up will begin 15 minutes after the conclusion of the morning session.

Competition will begin 5 minutes after the conclusion of warm up.

Estimated start times will be listed at [www.lakeeriewimming.com](http://www.lakeeriewimming.com) by January 4<sup>th</sup>, 2024

<b>Girls #</b>	<b>Qualifying Time (Slower Than)</b>	<b>Age Group/Stroke</b>	<b>Qualifying Time (Slower Than)</b>	<b>Boys #</b>
17	2:47.29	11-12 200 IM	2:43.99	18
19	2:43.99 (11-12)	11 & Over 200 Backstroke	2:39.69 (11-12)	20
	2:34.89 (13&over)		2:25.09 (13&over)	
21	1:18.09	11-12 100 Backstroke	1:15.69	22
23	1:21.69	13 & Over 100 Breaststroke	1:15.49	24
25	1:08.29	11-12 100 Freestyle	1:05.89	26
27	1:05.49	13 & Over 100 Freestyle	1:00.89	28
29	33.89	11-12 50 Butterfly	34.19	30
31	2:47.19 (11-12)	11 & Over 200 Butterfly	2:40.79 (11-12)	32
	2:36.89 (13&over)		2:26.89 (13&over)	
33		11 & Over 200 Free Relay		34
		10 Minute Warm Up		
35	5:56.79 (11-12) 5:37.59 (13 & Over)	11 & Over 400 IM	5:46.39 (11-12) 5:17.09 (13 & Over)	36

Swimmers are required to submit a time for all events. If a swimmer does not have a time for an event, please submit an estimated time. Swimmers are advised that there will be no breaks between 11&Over events and 11-12 events.

**New Year's Stretch**  
**Sunday, January 7<sup>th</sup>, 2024**  
**Morning Session**  
**8:00am Warm up**

**Meet Start 5 minutes after the conclusion of warm ups**

Estimated start times will be listed at [www.lakeerieswimming.com](http://www.lakeerieswimming.com) January 4<sup>th</sup>, 2024

<b>Girls #</b>	<b>Qualifying Time (Slower Than)</b>	<b>Age Group/Stroke</b>	<b>Qualifying Time (Slower Than)</b>	<b>Boys #</b>
37	3:15.59	10 & Under 200 IM	3:13.19	38
39		8 & Under 25 Freestyle		40
41	47.49	10 & Under 50 Breaststroke	46.59	42
43	1:19.99	10 & Under 100 Freestyle	1:18.79	44
45		8 & Under 25 Breaststroke		46
47	41.79	10 & under 50 Butterfly	40.49	48
49	41.89	10 & Under 50 Backstroke	42.29	50
51		10 & Under 200 Medley Relay		52
		10 Minute Warm Up		
53	7:34.89	10 & Under 500 Freestyle	7:26.99	54

Swimmers are required to submit a time for all events. If a swimmer does not have a time for an event, please submit an estimated time.



**Sunday, January 7<sup>th</sup>, 2024**  
**Afternoon Session**

Afternoon warm-up will begin 15 minutes after the conclusion of the morning session.

Competition will begin 5 minutes after the conclusion of warm up.

Estimated start times will be listed at [www.lakeeriewimming.com](http://www.lakeeriewimming.com) by January 4<sup>th</sup>, 2023

<b>Girls #</b>	<b>Qualifying Time (Slower Than)</b>	<b>Age Group/Stroke</b>	<b>Qualifying Time (Slower Than)</b>	<b>Boys #</b>
55	2:28.99	11-12 200 Freestyle	2:23.49	56
57	2:21.29	13 & Over 200 Freestyle	2:12.79	58
59	1:17.59	11-12 100 Butterfly	1:16.09	60
61	1:10.89	13 & Over 100 Butterfly	1:06.09	62
63	1:27.19	11-12 100 Breaststroke	1:24.49	64
65	3:06.59 (11-12)	11 & Over 200 Breaststroke	3:00.19 (11-12)	66
	2:57.29 (13&over)		2:43.99 (13&over)	
67	31.29	11-12 50 Freestyle	30.29	68
69	30.19	13 & Over 50 Freestyle	27.79	70
71	35.39	11-12 50 Backstroke	34.99	72
73	1:11.19	13 & Over 100 Backstroke	1:06.09	74
75	2:37.59	13 & Over 200 IM	2:28.49	76
77		11 & Over 200 Medley Relay		78

Swimmers are required to submit a time for all events. If a swimmer does not have a time for an event, please submit an estimated time. Swimmers are advised that there will be no breaks between 11&Over events and 11-12 events.

**New Year's Stretch**  
**HOSTED BY Lakeshore Swim Club**  
**January 6-7<sup>th</sup>, 2024**

**Meet Entry Summary Page**

Team Name: \_\_\_\_\_ Team Code: \_\_\_\_\_ LSC Code: \_\_\_\_\_

Contact Person: \_\_\_\_\_ Phone: \_\_\_\_\_ Email \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

\_\_\_\_\_ (Total # of swimmers) X \$3.00 (LESI Surcharge) = \$ \_\_\_\_\_

\_\_\_\_\_ (Total # of individual events) X \$7.00/event = \$ \_\_\_\_\_

\_\_\_\_\_ (Total # of relay events) X \$12.00/relay entry = \$ \_\_\_\_\_

\_\_\_\_\_ (Total # of swimmers) X \$2.00 (handling fee for paper entries) \$ \_\_\_\_\_

**TOTAL AMOUNT REMITTED:** \$ \_\_\_\_\_

- Swimmers will be without a coach on deck:
- € Sat. am, € Sat. p.m., € Sun. am, € Sun p.m.
- € I have arranged for my swimmer/s to be supervised by \_\_\_\_\_.

I VERIFY THAT EVERY SWIMMER LISTED ON THE ENCLOSED ENTRY FORM IS A REGISTERED ATHLETE MEMBER OF USA SWIMMING AND THAT EVERY COACH REPRESENTING OUR TEAM AT THIS MEET WILL BE A CURRENT COACH MEMBER OF USA SWIMMING.

SIGNED: \_\_\_\_\_ (coach or member team representative). DATE: \_\_\_\_\_

Make checks payable to **Lakeshore Swim Club**.

**Please note:** All entries submitted with this sheet should be covered by a single check.

**DEADLINE FOR RECEIPT IS December 27<sup>th</sup>, 2023**

This sheet must accompany all entries including HY-TEK Meet Manager electronic entries, hard copy & check.

Mail to: Lakeshore Swim Club

Nicole Slivinski

358 Moorewood Ave.

Avon Lake, OH 44012

**LAKE ERIE SWIMMING, INC.**  
**INDIVIDUAL AND RELAY SCRATCH RULE**

Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.

- A. Pre-Seeded Meets - Each swimmer/relay team shall report promptly to the Clerk of Course or starting blocks prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing shall not be penalized. Teams that enter multiple swimmers and subsequently fail to notify the meet host prior to the seeding that multiple swimmers they entered do not intend to compete may be fined \$25 per swimmer per day, at the discretion of the Meet Referee.
- B. Events Seeded on the Deck –
- (1) Events seeded on the deck shall be closed for seeding no earlier than thirty (45) minutes prior to the start of the session. Host may provide alternate methods of check-in (such as email, phone, fax) for swimmers who do not plan to arrive before the scratch deadline.
  - (2) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Clerk of Course or Administrative Official before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer's club or to the unattached swimmer, except as noted in "Exceptions for Failure to Compete" (below). A declared false start or deliberate delay of the meet in events 400 yards/meters or longer is not permitted and will be regarded as a failure to compete.
  - (3) Any agent of a team (coach, parent, swimmer, etc.) who checks in swimmer/(s) for any event when those swimmers are not present at the meet may cause a fine of \$25.00 per swimmer per day to be levied against that team at the discretion of the Meet Referee.
  - (4) Events seeded on the deck and swum as a timed final with one or more heats swimming with finals shall provide the swimmer the opportunity to indicate their desire to swim only during the preliminary session by indicating this desire by placing a "P" next to their name on the sign in sheet. Any swimmer failing to indicate this desire who does not compete during the finals session shall be subject to a fine of \$25.00, except as noted in "Exceptions for Failure to Compete" (below).
- C. Scratching from Bonus Finals, Consolation Finals and Finals
- (1) Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete." If such failure to compete occurs on the swimmer's last day of the meet, the swimmer's club shall be fined twenty-five dollars (\$25.00) by LESI. If the swimmer is not a member of a USA Swimming member club, the swimmer shall be fined \$25.00. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.
  - (2) In the event of withdrawal or barring a swimmer from competition, the Referee shall fill the consolation final or final when possible with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
  - (3) When consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
  - (4) If a consolation final has already been contested, the final shall be swum without reseeding for the empty lane(s).

- D. Exceptions for Failure to Compete - No penalty shall apply for failure to withdraw or compete in an individual event if
- (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
  - (2) A swimmer qualifying for a bonus or consolation final or final race following preliminaries notifies the Referee or designee within thirty (30) minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The swimmer must declare within thirty (30) minutes following the swimmer's last individual preliminary event a final intention to scratch or swim.
  - (3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.


