

## BBA Winter Breakout Meet – December 10, 2023 at CSU

The meet will have 3 sessions

- Session 1 – 10 & Under Girls & Boys
- Session 2 – 11 & Over Girls
- Session 3 – 11 & Over Boys

### **Meet Warm-up and Start Times:**

#### Session 1 (10 & Under Girls and Boys)

- All teams will warm-up from 7:30 – 8:10 am minutes (25 minutes general warm-up; last 15 minutes – one way sprints)
- Competition will begin at 8:15 am

#### Session 2 (11 & Over Girls)

- All teams – warm-up NOT before 12:00 Noon; Warm-ups will be 40 minutes (25 minutes general warm-up; last 15 minutes – one way sprints)
- Competition will 45 minutes after the start of warm-ups

#### Session 3 (11 & Over Boys)

- All teams – warm-up NOT before 3:30 pm; Warm-ups will be 40 minutes (25 minutes general warm-up; last 15 minutes – one way sprints)
- Competition will begin 45 minutes after the start of warm-ups

We could use some timers for all sessions. If you are willing to time please use the link below to sign up

<https://www.signupgenius.com/go/10C0F4DA8A92AAAFAC16-46628860-winter#/>

**Swimville USA will be at the meet ready for business beginning at 8:30 am for all your aquatic needs.**

### **General Meet Information:**

- Fly over starts will be used for all sessions
- **This is a deck seeded meet.** Swimmers will have to check in/circle in for their events prior to the start of warm-ups. Check in sheets will be posted on the windows of the instructional pool
- All events are timed finals
- Admission is included in the entry fee.
- Deck entries will NOT be taken at this meet.
- There will NOT be a Clerk of Course
- Psych sheets will be posted on meet mobile. Heat sheets will be posted on meet mobile after seeding prior to the start of each session. The meet will be on meet mobile barring any technical difficulties.
- Awards (12 & Unders) will be given to coaches at the conclusion of the meet

- CSU charges for event parking (est. \$10 per day). Parking lots are available at the corner of Chester and E. 22<sup>nd</sup> Street or on Euclid Ave and E. 24th Street. City of Cleveland street meter parking is free all day Sunday on Chester Avenue. Cleveland State University meter parking is available on a very limited basis.
- Coaches will be required to show current credentials to be on deck. Coaches MUST present their USA Swimming app for verification of their coach's education requirements. Wristbands will be issued to those who verify current coach membership. A screenshot of your USA Swimming app or coach membership card will be permitted. Coaches who cannot display their USA Swimming credentials or membership card will NOT be issued a wrist band and will NOT be permitted on the pool deck.