Lake Erie Senior Championship and Time Trials Sponsored by Firestone Akron Swim Team March 1-3, 2024

Held under USA Swimming Sanction #LE 24063 SS

Time Trials #LE 24064 SS

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

In granting for this sanction, Firestone Akron Swim Team agreed to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Lake Erie Swimming, the State of Ohio, The University of Akron and the City of Akron

RISK OF EXPOSURE TO COVID 19: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND Lake Erie Swimming AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

All participants, coaches, officials, and spectators will comply with guidelines put forth by The University of Akron. There is not a mask requirement at this time, but final information will be posted the week of the meet.

LOCATION: Ocasek Natatorium, University of Akron, 382 Carroll Street, Akron, OH

POOL: 25 yards by 8 lanes, with Colorado Timing system and digital scoreboard. Continuous warm-up and warm-down during competition will be available. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming. The depth of the pool at the start end is 14 feet. The depth at the turn end is 8 feet.

Saturday and Sunday events will be split between male and female swimmers in two (2) 25-yard pools with long course finals at night in one (1) pool. Friday night will be long course timed finals.

RACING STARTS: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

STARTING TIMES:

- Friday
 - \circ Warm up: 4:00 5:30 PM
 - o Meet @ 5:35 PM
- Saturday/Sunday Prelims
 - Prelim warm up: 7:15 8:45 AM
 - o Meet @ 8:50AM
- Finals warm ups:
 - Start time will be announced during the meet
 - O Warm up will be 1 hour
 - o Meet start 5 minutes after the conclusion of warm-up

Warm up time may be split by team if the average number of swimmers per lane is scheduled to exceed Lake Erie Swimming's recommended number of athletes per lane. The finalized warm up plan will be found at www.lakeerieswimming.com by Wednesday, February 28, 2024.

ENTRY DEADLINE: Entries must be received by Wednesday, February 21, 2024. Electronic entries must be received by the deadline. Email entries to: Cvirdo@aol.com. Hard copy and check must be received by Monday, February 26, 2024 or your entries may not be accepted. Mail hard copies to Carl Shallenberger, 418 Merriman Road, Akron, Ohio, 44303.

TEAM SUPERVISION: Teams who are entering swimmers but will not have a coach at the meet should arrange ahead of time for another coach to supervise their athletes.

RETURN TO PLAY LAW: Under the Ohio Return to Play Law governing concussions, all coaches and officials (in state or out of state) are required to have proof of training in concussion signs and symptoms. This training is available for free and can be found at https://odh.ohio.gov/wps/portal/gov/odh/know-ourprograms/child-injury-prevention/resources/onlineconcussiontraining. It is the responsibility of each coach and official to take care of this requirement.

ENTRY FEES: Individual events \$8.00. Relays: \$16.00; and a \$3.00 per swimmer LESI surcharge. There is a \$1.00/swimmer handling fee for entries not received in an electronic file. Make checks payable to: FAST.

ENTRY LIMITATIONS: Swimmers may enter as many events as they choose, but swim no more than 3 individual events per day; exclusive of relays. No refunds will be given. Swimmers may compete in no more than 9 individual events for the meet with a limit of 3 events per day. Clubs may enter an unlimited number of relays (except as noted in the Conduct Section), but only two relay teams per club are eligible to score points. Relay-only swimmers must be included with the original entry. Breaks for warm up/warm down will be provided, alternating between pools as the referee sees fit during prelims.

DECK ENTRIES: Deck entries will be offered on a space available basis and seeded at NT. Deck entries will close 35 minutes prior to the beginning of each session. Deck entry fees will be: \$16.00 for individual events and \$32.00 for relays. Deck entry swimmers, new to the meet, will pay the \$3.00 surcharge and must provide proof of USA Registration. On deck USA Swimming registration will not be available.

ELIGIBILITY:

This is a CLOSED Lake Erie LSC competition, open to all Lake Erie swimmers who are

- 15 and over, or
- who attend high school, or
- Non-high school swimmers, 14 and under who have achieved a 15-16 AAA cut time

All swimmers must be current athlete members of USA Swimming and have met the time standard requirements. All swimmers must be members in good standing of Lake Erie LSC. Coaches must be current coach members of USA Swimming and must check in for each meet or session they attend. All coaches must display the deck pass (wristband is required to be worn by all coaches) issued by the meet host. Age is as of the first day of the meet, March 1, 2024.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

QUALIFYING TIMES: Please see listings for the time standards which are NAG B (15-16). Non-conforming times may be entered but must satisfy the associated time standard for the course. All entry times should indicate whether achieved in yards (Y), or long course meters (L). Meet will be seed SCY, LCM, SCM. All time standards are in short course yards.

50 Fly, Back, Breast must be entered at the 100 time for that stroke. The 100 IM must be entered at the swimmer's 200 IM time.

Any non-high school, 14 and under may swim Senior Championships as long as they have an AAA (15-16) time in the event they are entering.

Swimmers should enter an event only if they have achieved the listed time standard for that event. Teams of swimmers who fail to achieve the qualifying time at the meet will receive a notice of those times that cannot be verified in the SWIMS database. Teams shall submit proof of time. Proofs of time shall be from an observed swim or from a sanctioned or approved competition only unless the meet announcement specifically states that times from other meets such as high school, YMCA or NCAA may also be submitted. A fine of \$10.00 for each swim listed in the notice for which acceptable proof of time is not provided will be levied against the team or unattached swimmer.

SWIMMERS WITH A DISABILITY: Swimmers with a disability may enter an event (such as the 100 free) and swim it with a longer yardage event (such as the 200 free) provided his/her time for the lesser yardage event (100 free) is equal to or faster than the listed qualifying time for the longer yardage event (200 free). Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

CONDUCT: The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations and the Lake Erie Swimming Policy & Procedures.

<u>Saturday and Sunday Prelim events will be split between male and female swimmers in two 25-yard pools with finals at night in 1 pool.</u>

- Friday night competition will be held in one pool ONLY. Friday events are TIMED FINALS and will be long course
- Backstroke wedges will be used ONLY at finals.
- All events will be deck seeded
- Breaks for warm up/warm down will be provided, alternating between pools as the referee sees fit during prelims.
- 800 Free and 1500 Free will be timed finals run fastest to slowest, alternating women and men

All heats of other events will be run in slowest to fastest heat order. Preliminary events will be circle-seeded in accordance with USA Swimming rules. The Lake Erie scratch rule (attached) will be in effect.

All relays will swim all heats in the prelim sessions and are timed finals.

Saturday/Sunday Finals: A/B/C Finals

- A/B Finals will consist of the top 16 swimmers in each event.
- The C final will consist of 18 under swimmers who are non-collegiate, this heat does not score.
- Collegiate swimmers and 19 & O swimmers are ineligible for the C final unless there are empty lanes with no qualified alternates available.

SEEDING & CHECK IN: All events will be seeded on the deck. Swimmers should check in for all of their day's events prior to the start of warm-up, but no later than 45 minutes before the start of the session. Check in sheets will be posted in the racquetball courts. Heat and lane assignments will be posted in various locations around the facility. It is the responsibility of each swimmer to report to the blocks on time for his/her event. There will be NO CLERK OF COURSE. Relay cards must be turned in upon call in order to be seeded. In accordance with 102.1.4, events may be seeded together but scored separately.

AWARDS: Individual High Point and Runner-up, Male & Female

Scoring Divisions:

Collegiate swimmers will be scored in the own division.

Collegiate swimmers and teams are not eligible for individual or high point awards:

Individual events: 20,17,16,15,14,13,12,11,9,7,6,5,4,3,2,1

Relays: 40,34,32,30,28,26,24,22,18,14,12,10,8,6,4,2

ADMISSION COST:

All tickets are sold through HOMETOWN Ticketing. Ticketing link will be posted on FIRESTONEAKRON SWIMTEAM.COM and sent to team contacts. Limited day of availability.

Akron University may choose to limit the number of spectators. Tickets may not be available day of the meet.

Prelims: \$8.00 per Person Heat sheets will be available on Meet Mobile

Finals admission: \$6.00 per Person

PARKING: Akron University MAY be charging in lots adjacent to the natatorium.

RESULTS: Final results will be posted on the Lake Erie Swimming web site at lakeerieswimming.com

TIME TRIALS:

Friday night long course time trial will be offered at the conclusion of the session and will last no more than 30 minutes. Saturday and Sunday short course time trial sessions will be offered at the conclusion of prelims, only if time allows and does not cause the warm up of finals to start unreasonably late. Time trials will last 1 hour. Swimmers may sign up for time trials at the table located next to the admin table in the diving end. Individual events \$20.00; Relays \$40.00. Time trials are included in the 3 individual event/day limit. Time Trials will close Friday night at 6:00pm; Saturday and Sunday at 10:00am.

SAFETY/WARM-UP: Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up and throughout the meet. Warm

ups may be split if the average number of swimmers per lane is scheduled to exceed Lake Erie Swimming's recommended number of athletes per lane. All entry into the pool for warm-up is feet first from the starting block end of the pool. Swimmers must enter the pool feet first in a cautious manner by carefully stepping into the water or using a 3-point entry with one hand in contact with the pool edge. There is no diving during warm-up, except in designated sprint lanes. The final 20 minutes of the warm-up will be conducted as follows.

- (a) Lanes 1 & 8 push/pace from the start end of the pool (or general warm-up at the discretion of the Meet Referee or his/her designee).
- (b) Lanes 3-6 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool
- (c) Lanes 2 & 7 general warm-up, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee.

Swimmers are to sprint one way and climb out at the far end of the pool. Swimmers may be removed from warm-up for violating safety rules.

NO PERSONAL CHAIRS WILL BE ALLOWED ON THE POOL DECK OR IN THE SPECTATOR AREA. THE CHAIRS MAY ONLY BE USED IN THE RACQUETBALL COURTS.

MEDICAL SUPERVISION: A Meet Safety Director and lifeguards will be present to respond to an emergency or provide first aid if needed.

CAMERA ZONES: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms. Additionally, under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for race starts during competition and warm-up. Those failing to abide by this rule may be removed from the venue.

DECK CHANGES: Deck changes are prohibited.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

INITIAL DISTANCE: In order to be certain that an initial distance or lead-off relay leg is entered into SWIMS, the swimmer or the swimmer's coach should notify either the meet referee or the admin before the event and provide the necessary watches as back-up to the electronic timing. All lead-off relay splits will automatically be uploaded to SWIMS after admin approval; for all other initial distances, the proper paperwork must be completed after the swim in order for the time to be entered into SWIMS.

OFFICIATING OPPORTUNITY – Anyone that is a USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LESI) officials in working this meet. Please contact the meet director or the Lake Erie Officials Chair in advance of the meet, if at all possible, to let either know of your availability. We are also looking for anyone that is interested in becoming an official, for more information please contact the Official's Chair.

Meet Director's E-mail: Cindy Dial, cvirdo@aol.com

Official's Chair: Jen Butler, jle3@case.edu

COACHES: Must check in and show proof of certifications. Heat sheets will be passed out when available. Relay cards/sheets will be passed out at the beginning of the session.

NOTE: Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area. *THIS WILL BE STRICTLY ENFORCED!*

MEET DIRECTOR: Cindy Dial, (330) 873-3321, Cvirdo@aol.com

ENTRY PERSON: Cindy Dial, (330) 873-3321, Cvirdo@aol.com

DIRECTIONS:

From I-77: Follow I-77 to Rt. 8 north. Exit Rt. 8 at the Carroll Street/Buchtel St. exit. Turn left onto Carroll Street; natatorium will be on your left.

From Rt. 8 South: Exit at Buchtel St./Carroll St./Exchange St. Turn right onto Carroll Street, natatorium will be on your left.

VENDORS:

- Concessions will be available throughout the meet.
- Swimville will be onsite for swim sales

EVACUATION PLAN:

In the event of an alarm or an emergency requiring an evacuation:

- Remain calm
- Do not gather belongings, just leave
- Use the nearest exit

Swimmers and Coaches Follow EXIT SIGNS on the diving board and scoreboard end of the pool deck.

Spectators- Bleachers Exit through the EXIT SIGN on the balcony and walk down the stairs which lead outside

2024 Lake Erie Senior Championship								
13-14		15 Over		Events	15&Over		13-14	
Non High school							Non High school	
LCM	SCY	LCM	SCY		SCY	LCM	SCY	LCM
28.59	24.99			50 Freestyle			22.69	25.59
1:02.29	54.09			100 Freestyle			49.369	56.59
2:13.99	1:57.39	2:50.49	2:29.39	200 Freestyle	2:16.49	2:37.39	1:47.89	2:03.69
4:41.69	5:14.79	5:58.99	6:40.59	500/400 Freestyle	6:10.59	5:33.69	4:52.79	4:22.19
9:42.49	10:51.59	12:21.29	13:49.19	800/1000 Freestyle	12:52.99	11:40.09	10:07.39	9:10.09
18:38.79	18:08.39	23:43.89	23:05.19	1500/1650 Freestyle	21.35.39	22:08.99	16:57.79	17:24.19
1:08.59	58.69	Enter @ 100 Time	Enter @ 100 Time	50 Backstroke	Enter @ 100 Time	Enter @ 100 Time	53.79	1:02.99
1:08.59	58.69			100 Backstroke			53.79	1:02.99
2:28.09	2:08.09	3:08.39	2:42.99	200 Backstroke	2:27.99	2:53.79	1:57.79	2:16.49
1:18.19	1:07.49	Enter @ 100 Time	Enter @ 100 Time	50 Breaststroke	Enter @ 100 Time	Enter @ 100 Time	1:00.99	1:10.59
1:18.19	1:07.49			100 Breaststroke			1:00.99	1:10.59
2:49.59	2:26.19	3:35.84	3:05.99	200 Breaststroke	2:48.19	3:15.39	2:12.59	2:33.49
1:07.09	58.69	Enter @ 100 Time	Enter @ 100 Time	50 Butterfly	Enter @ 100 Time	Enter @ 100 Time	53.69	1:00.79
1:07.09	58.69			100 Butterfly			53.69	1:00.79
2:27.19	2:09.89	3:07.29	2:45.29	200 Butterfly	2:31.29	2:52.29	1:58.99	2:15.39
2:30.29	2:10.99	Enter @ 200 Time	Enter @ 200 Time	100 IM	Enter @ 200 Time	Enter @ 200 Time	1:59.99	2:18.79
2:30.29	2:10.99	3:11.89	2:46.79	200 IM	2:31.69	2:56.59	1:59.99	2:18.79
5:20.49	4:39.59	6:47.89	5:55.89	400 IM	5:26.99	6:14.09	4:18.59	4:53.89

SCHEDULE OF EVENTS

Session 1: Friday, March 1, 2024 (LCM -Timed Finals)

Girls #	Age Group/Stroke	Boys #
1	800 Free Relay	2
3	400 IM	4
5	50 Butterfly	6
7	50 Backstroke	8
9	50 Breaststroke	10
11	1500 Freestyle	12

^{*}The 1500 freestyle will be swum fastest to slowest, alternating women and men.

Session 2: Saturday AM (SCY Prelim/ LCM Finals)
March 2, 2024

Girls' events and Boys' events will be swum concurrently in separate ends of the pool during prelims.

Girls v #	Age Group/Stroke	Boys #
13	400 Medley Relay***(TF)	14
15	500/400 Freestyle	16
17	100 Butterfly	18
19	200 Individual Medley	20
21	200 Backstroke	22
23	100 Freestyle	24
25	200 Breaststroke	26
27	200 Free Relay***(TF)	28

*** 400 Medley and 200 Free Relays will be swum in prelims only
Breaks for warm up/warm down will be provided, alternating between pools as the referee sees fit during prelims.

Session 3: Order of Finals: 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26

Session 4: Sunday AM –(SCY Prelim/ LCM Finals) March 3, 2024

Girls' events and Boys' events will be swum concurrently in separate ends of the pool during prelims.

Girls #	Age Group/Stroke	Boys #	
29	400 Free Relay*** (TF)	30	
31	50 Freestyle	32	
33	100 IM*** (TF)	34	
35	200 Butterfly	36	
37	100 Backstroke	38	
39	200 Freestyle	40	
41	100 Breaststroke	42	
43	200 Medley Relay ***(TF)	44	
45	800 Free ****(TF)	46	

*** 400 Free Relay, 200 Medley Relay, and 100 IM will be swum in prelims only
**** 800 free will be a timed final event with all heats swum fastest to slowest in prelims alternating girls and boys.

Breaks for warm up/warm down will be provided, alternating between pools as the referee sees fit during prelims.

Session 5: Order of Finals: 31, 32, 35, 36, 37, 38, 39, 40, 41, 42

Lake Erie Senior Championships SPONSORED BY FAST March 1-3, 2024 Meet Entry Summary Page

Team Name:		Team Code:		
Contact Person:				
Phone:	Email			
Address:	City:	State:	Zip	
(total # of swimmer	rs) X \$3.00 (LESI Surcharge) =	\$		
(total # of individua	al events) X \$8.00event =	\$		
(total # of relay eve	ents) X \$16.00/relay entry =	\$		
(total # of swimme	ers) X \$1.00 (handling fee for paper entry)	\$		
TOTAL AMOUNT REM	MITTED	\$		
Swimmers will be withouSat A	ut a coach on deck: MSat PMSun AMSun P	M		
I have arranged for my sv	wimmer/s to be supervised by		_	
ATHLETE MEMBER (Y SWIMMER LISTED ON THE ENCLOS OF USA SWIMMING AND THAT EVERY BE A CURRENT COACH MEMBER OF U	COACH REPRE	ESENTING OUR TEAM	
SIGNED: DATE:	(coach or n	nember team repre	esentative).	
Make checks payable to:				

FAST and mail to: Carl Shallenberger 418 Merriman Road, Akron Oh 44033.

Please note: All entries submitted with this sheet should be covered by a single check. Kindly do not send multiple checks with a single-entry form.

DEADLINE FOR RECEIPT IS February 21, 2024

This sheet must accompany all entries, including HY-TEK Meet Manager electronic entries.

Lake Erie Senior Championships ENTRY SHEETS

GIRLS			TEAM CODE		
NAME	AGE	USA SWIMMING NUMBER	EVENT #	TIMES (Y or L)	

LAKE ERIE SWIMMING, INC. SCRATCH RULE

- 1) Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promply upon call.
- 2) Pre-Seeded Event: Each swimmer/relay team shall report promptly to the Clerk of Course or starting blocks prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing shall not be peanlized. Teams that enter multiple swimmers and subsequently fail to notify the meet host prior to the seeding that multiple swimmers they entered do nto intend to compete may be fined \$25 per swimmer per day, at the discretion of the Meet Referee.

3) Events Seeded on the Deck-

- a) Events seeded on the deck shall be closed for seeding no earlier than forty-five (45) minutes prior to the start of the session. Host may provide alternate methods of check-in (such as email, phone, and fax) for swimmers who do not plan to arrive before the scratch deadline.
- b) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Administrative Official before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch propr to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer's club or to the unattached swimmer, except as noted in "Exceptions for Failure to Compete" (below). A declared false start or deliberate delay of the meet in events 400 yards/meters or longer is not permitted and will be regarded as a failure to compete.
- c) Any agent of a team (coach, parent, swimmer, etc) who check in swimmers for events when those swimmers are not present at the meet may cause a fine of \$25.00 per swimmer per day to be levied against the team, as the discretion of the Meet Referee.
- d) Events seeded on the deck and swum as a timed final with one or more heats swimming with finals shall provide the swimmers the opportunity to indicate their desire to swim only during the preliminary session by indicating this desire by placing a "P" next to their name on the check-in sheet. Any swimmer fialing to indicate this desire who does not compete during the finals session shall be subject to a fine of \$25.00, except as noted in "Exceptions for Failure to Compete " (below).

4) Scratching from Finals

- a) Any swimmer qualifyin for a bonus, consolation, or championship final race in an individual event who fails to compete in said final race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete". If such failure to compete occurs on the swimmer's last day fo the meet, the swimmer's club shall be fined \$25.00 by LESI. If the swimmer is not a member of a USA Swimming member club, the swimmer shall be fined \$25.00. A declared false start or deliberat delay of the meet is not permitted and will be regarded as a failure to compete.
- b) In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the bonus, consolation, or championship final, when possibl, with the next qualified swimmer(s). First and second alternates shall be announced along with final qualifiers. These alternates ahll not be penalized if unavailable to compete at finals.
- c) When consolation finals have not yet been swum and a barring or withdrawal is knwn to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
- d) If a consolation final has already been contested, the final shall be swum without reseeding for the empty lane(s).
- 5) Exceptions for Failure to Compete: No penalty shall apply for failure to withdraw or compete in an individual event if
 - a) The Referee is notified in the event of illness or injury and accepts the proof thereof.
 - b) A swimmer qualifying for a bonus or consolation final or final race following preliminaries notifies the Referee or designee within 30 minutes after the announcement of the qualifiers for that race that the swimmer may not intend to

compete. The swimmer must delare with 30 minutes following the swimmer's last individual preliminary event a final intention to scratch or swim.

c) It is determined by the Referee that fialure to compete is caused by circumstances beyond the control of the swimmer.