### **Regional Championships 2024**

### Sponsored by

### **Piranha Aquatics**

### GWA, KS, PA, PAC, PS, PWRS, VSC, WHAT, and YYN

Saturday, February 17, 2024

### Held under USA Swimming Approval # LE 24046 SS;

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

In applying for this sanction, Piranha Aquatics (PA) agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Lake Erie Swimming, the State of Ohio and the City of Youngstown.

RISK OF EXPOSURE TO COVID 19: An inherent risk of exposure to COVID -19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, Lake Erie Swimming and Piranha Aquatics AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PORPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

LOCATION: Youngstown State University, Beeghly Center, 224 Spring St., Youngstown, OH 44555.

Directions From I-80: Take the exit for OH-193/BELMONT AVE. Make a right on Belmont and proceed south about 1.5 miles to the light at Gypsy Lane. Make a left on Gypsy; at the fourth traffic light, make a right onto Fifth Avenue. Go about 1.6 miles on Fifth until you cross the overpass for Rt. 422. Spring St is the first stop light past the stadium. Beeghley Center is to the left on Spring St. (no outlet). Parking will be available in the M24 Lot located on the West side of 5th Ave. YSU charges \$5.00 for parking.

Directions from the southeast (Pittsburgh): Take the PA Turnpike to Exit 234 on the Ohio Turnpike. From there, take I-680 approximately 10 miles to Exit 6B (Rt. 62 and Hubbard). Follow signs for YSU and take Rt. 422 West. Take the second exit (Fifth Avenue) and turn left on Fifth. Spring St is the first stop light past the stadium. Beeghley Center is to the left on Spring St. (no outlet). Parking will be available in the M24 Lot located on the West side of 5th Ave. YSU charges \$5.00 for parking.

**POOL:** 50 Meter x 25 yard pool, 8 Lane short-course competition area with continuous warmup/warm down facilities. Colorado electronic timing and eight lane digital read out scoreboard with touch pads. Racing starts at 6 feet and reaches 16 feet at its deepest. Swimmers will move in a clockwise pattern around the pool deck. Boys and Girls locker rooms located off the pool deck. Entrance to spectator seating is located on second floor. Parking will be available in the M24 Lot located on the West side of 5th Ave. YSU charges \$5.00 for parking. There will be concessions available on the second floor by spectator entrance. The competition course has not been certified in accordance with 104.2.2C(4).

**RACING STARTS:** Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**STARTING TIMES**: This meet is timed finals. Warm-up will be 45 minutes beginning at 8:00 am, with competition starting at 8:50 AM. Warm-ups shall be 45 minutes and may be split if the average number of swimmers per lane is scheduled to exceed Lake Erie Swimming's recommended number of athletes per lane. Such changes will be announced as soon as possible

after the entries are processed. The finalized warm up plan will be emailed to coaches the Thursday (February 15, 2024) prior to the meet.

**ENTRY DEADLINE:** The due date for entries, electronic or otherwise is **Thursday, February 1, 2024.** Electronic entries should be emailed to Wanda Folger at <u>PAmeetentries@piranhaaquatics.com</u>. Hard copy, meet summary sheet, and check must be received by **Monday, February 12, 2024** or the team's entry may be deleted. Payments should be made payable to Piranha Aquatics and mailed to Piranha Aquatics, c/o Regionals 2024, P.O. Box 1006, Salem, OH 44460.

**TEAM SUPERVISION:** Teams who are entering swimmers but will not have a coach at the meet should arrange ahead of time for another coach to supervise their athletes. Swimmers without coach supervision must contact the Meet Director or Meet Referee to be assigned to a coach on deck.

**RETURN TO PLAY LAW:** Under the Ohio Return to Play Law governing concussions, all coaches and officials (in state or out of state) **are required** to have proof of training in concussion signs and symptoms. This training is available for free and can be found at <a href="https://odh.ohio.gov/wps/portal/gov/odh/know-our-programs/child-injury-prevention/resources/onlineconcussiontraining">https://odh.ohio.gov/wps/portal/gov/odh/know-our-programs/child-injury-prevention/resources/onlineconcussiontraining</a>. It is the responsibility of each coach and official to take care of this requirement.

**ENTRY FEES:** Individual events \$6.00; \$12.00 relay; plus a \$3.00 swimmer surcharge. There is a \$2.00/swimmer handling fee for entries not furnished in an electronic file. Make checks payable to Piranha Aquatics and mail to Piranha Aquatics, c/o Winter Extravaganza, P.O. Box 1006, Salem, OH 44460.

**ENTRY LIMITATIONS**: Swimmers can swim up to 4 individual events and 2 relays. Relays are limited to 2 per team per gender.

**DECK ENTRIES**: Deck entries are permitted and will be seeded at no time (NT). Deck entrants must meet the times standards (slower than NAG BB age group time) to enter an event. Deck entries will be closed 35 minutes before the start of each session. Switching events constitutes a deck entry. Entry fees for deck entries are individual event \$12.00; Relay \$24.00; plus a \$3.00 swimmer surcharge. If swimmer is NOT already in the meet, they must show their USA proof of membership card.

**ELIGIBILITY**: Swimmers must be current athlete members of USA Swimming and Lake Erie Swimming. Coaches must be current coach members of USA Swimming and must check in on each day of the meet. All coaches must display the deck pass (wristband) issued by the meet host. On-deck membership registration will not be available. Age is as of the first date of the meet.

All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

**QUALIFYING TIMES:** Swimmers must be slower than the qualifying time listed as of the entry deadline. NT will not be accepted; if the swimmer has no time, please provide an estimate. This is a slower than BB NAG meet for 12 & Under swimmers and a slower that AGC (Age Group Champs) time standards for 13-14 year olds.

**PROOF OF TIME:** Swimmers may not compete in an event in which they are faster than the listed time standard as of the meet entry deadline. This is a slower than BB NAG 2021-2024 age group meet for 12 and Unders and a slower than AGC (Age Group Champs) time standards for 13-14 year olds (see chart below). Entry times are investigated after the meet if a protest is filed.

**AGE-UP CLAUSE**: Swimmers who age up between Regionals and Age Group Championship AND do not have the Age Group Championship cut in their new age group may enter and swim at Regionals with proof of birthday.

**SWIMMERS WITH A DISABILITY**: Entries for swimmers with a disability should be handled in the following manner: (1) enter the swimmer in the Hy-Tek database (or on the regular entry form); (2) list in the email accompanying the Hy-Tek entry file (or on a separate sheet of paper) the name of the swimmer, the stroke(s)/distance(s) s/he wishes to swim, the entry times, the day/session s/he wishes to swim the event(s), and the manner in which s/he prefers to be seeded (with a longer distance or with a different age group); and (3) provide any information about special accommodations needed by the

swimmer. The final determination of seeding will be made by the Meet Referee after consultation with the swimmer and his/her coach.

**CONDUCT:** The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations and the Lake Erie Swimming Policy & Procedures. The meet will be contested in one 25-yard pool. All events are timed finals. The 400 IM and the 500 Freestyle will be swam fastest to slowest altering heats by gender beginning with girls.

**SEEDING & CHECK IN:** All events will be pre-seeded except for the 400IM, 500 Free and the relays. A positive check-in is required for all relay events, 400IM and 500 Free. Swimmers competing in the 400 IM and/or the 500 free must check in no later than 45 minutes before the start of the session. Relay cards must be turned in upon call. Any relay team or individual failing to check in shall not be seeded. The Lake Erie scratch rule (attached)/National Scratch Rule will be in effect.

**CLERK OF COURSE**: A Clerk of Course will be provided and will be located by the warm up/cool down pool

**SCORING:** This meet will not be scored.

**AWARDS:** Individual awards will be given for the first 8 places per gender as follows: 9U, 10, 11, 12, 13, and 14. Awards will be given for the Relay top 5 overall per gender

**DRONES:** Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

**ADMISSION COST:** \$5 per person. 65 years and older and 4 years and under are free. Meet will be on Meet Mobile. There will be no paper copy of heat sheets.

PARKING: Parking will be available in the M24 Lot located on the West side of 5th Ave. YSU charges \$5.00 for parking.

RESULTS: Results will be posted on Meet Mobile. Teams may request a backup at the conclusion of the meet.

**TIME TRIALS:** Time Trials will not be available.

**SAFETY/WARM-UP:** Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up and throughout the meet. Warm ups may be split if the average number of swimmers per lane is scheduled to exceed Lake Erie Swimming's recommended number of athletes per lane. All entry into the pool for warm-up is feet first from the starting block end of the pool. Swimmers must enter the pool feet first in a cautious manner by carefully stepping into the water or using a 3-point entry with one hand in contact with the pool edge. There is no diving during warm-up, except in designated sprint lanes. The final 10 minutes of warm-up shall be conducted as follows:

The final 10 minutes of a 45 minute warm-up shall be conducted as follows:

For an 8 lane pool:

- (a) Lanes 1 & 8 push/pace from the start end of the pool (or general warm-up at the discretion of the Meet Referee or his/her designee).
- (b) Lanes 2 & 7 sprint lanes for racing starts from the starting block end of the pool, one length only and exiting the pool
- (c) Lanes 3-6 general warm-up, no diving or racing starts. Any or all of these lanes may be converted to sprint lanes at the discretion of the Meet Referee or his/her designee.

Swimmers are to sprint one way and climb out at the far end of the pool. Feet first entry only into the continuous warm-up lanes.

**MEDICAL SUPERVISION:** A Meet Safety Director and lifeguards will be present to respond to an emergency or provide first aid in the event that is needed.

**CAMERA ZONES:** Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, or locker rooms. Additionally, under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for race starts during competition and warm-up. Those failing to abide by this rule may be removed from the venue.

**DECK CHANGES**: Deck changes are prohibited.

**INITIAL DISTANCE**: In order to be certain that an initial distance or lead-off relay leg is entered into SWIMS, the swimmer or the swimmer's coach should notify either the meet referee or the admin before the event and provide the necessary watches as back-up to the electronic timing. All lead-off relay splits will automatically be uploaded to SWIMS after admin approval; for all other initial distances, the proper paperwork must be completed after the swim in order for the time to be entered into SWIMS.

**OFFICIATING OPPORTUNITY** – Anyone that is a USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LESI) officials in working this meet. Please contact the meet director or the Lake Erie Officials Chair in advance of the meet if at all possible, to let either know of your availability. We are also looking for anyone that is interested in becoming an official, for more information please contact the Official's Chair.

Meet Director's name and email: Melissa Bateman - melb8man@gmail.com Official's Chair: Jen Butler jle3@case.edu

**COACHES:** Coach's packets and check-in shall be located at the admin table. Coaches must check in on the day of the meet. All coaches must display the deck pass (wristband) issued by the meet.

**NOTE:** Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

MEET DIRECTOR:Melissa Batemanmelb8man@gmail.com330-398-0226

Name e-mail phone

ENTRY PERSON: Wanda Folger PAmeetentries@piranhaaquatics.com 330-853-6485

Name e-mail phone

**EVACUATION PLAN**: In the event of an alarm or an emergency requiring an evacuation: Remain calm. Do not gather belongings, just leave. Use nearest exit. Spectators do not use the elevators and do not attempt to go on deck or into the locker rooms. Swimmers, Coaches and Meet workers exit Natatorium and leave through closest exit.

# **Regional Championships 2024** Sponsored by Piranha Aquatics Warm-up will be 45 minutes beginning at 8:00 am, with competition starting at 8:50 AM.

Girls #	S	lower THAN	Age Group Stroke	Slow	er than YARDS	Boys #
1			14&U 200 Free Relay			2
3	10&U	3:15.59 SCY	14&U 200 IM	10&U	3:13.19 SCY	4
		3:36.19 SCM			3:33.49 SCM	
		3:43.19 LCM			3:40.79 LCM	
	11-12	2:47.29 SCY		11-12	2:43.99 SCY	
		3:05.39 SCM			3:01.49 SCM	
		3:11.39 LCM			3:08.49 LCM	
	13-14	2:34.49 SCY		13-14	2:25.59 SCY	
		2:52.39 SCM			2:40.99 SCM	
5	100-11	2:58.19 LCM	1 4 9-I I 50 D a al-	10&U	2:47.99 LCM	6
3	10&U	41.89 SCY 46.29 SCM	14&U 50 Back	10&0	42.29 SCY 46.79 SCM	0
		48.89 LCM			49.19 LCM	
	11-12	35.39 SCY		11-12	34.99 SCY	
	11-12	39.29 SCM		11-12	38.99 SCM	
		40.79 LCM			40.39 LCM	
	13-14	100 Back Cut		13-14	100 Back Cut	
7	10&U	1:44.99 SCY	14&U100 Breast	10&U	1:41.69 SCY	8
		1:55.99 SCM			1:52.59 SCM	
		1:59.79 LCM			1:55.99 LCM	
	11-12	1:27.19 SCY		11-12	1:24.49 SCY	
		1:36.59 SCM			1:34.39 SCM	
		1:40.89 LCM			1:38.39 LCM	
	13-14	1:20.09 SCY		13-14	1:13.99 SCY	
		1:29.19 SCM			1:21.89 SCM	
		1:32.89 LCM			1:26.39 LCM	
9	11-12	2:47.19 SCY	11-14 200 Fly	11-12	2:40.79 SCY	10
		3:05.59 SCM			3:01.19 SCM	
	12 14	3:10.19 LCM		12 14	3:06.19 LCM	
	13-14	2:36.89 SCY 2:54.49 SCM		13-14	2:26.89 SCY 2:42.49 SCM	
		2:59.19 LCM			2:47.99 LCM	
11	10&U	35.19 SCY	14&U 50 Free	10&U	34.49 SCY	12
11	1000	38.89 SCM	14&0 30 1166	1000	38.09 SCM	12
		39.89 LCM			39.49 LCM	
	11-12	31.29 SCY		11-12	30.29 SCY	
		34.69 SCM			33.39 SCM	
		35.69 LCM			34.69 LCM	
	13-14	29.59 SCY		13-14	27.29 SCY	
		32.89 SCM			30.19 SCM	
		33.89 LCM			31.39 LCM	
13	10&U	1:30.69 SCY	14&U 100 Back	10&U	1:29.29 SCY	14
		1:40.19 SCM			1:39.09 SCM	
	1	1:45.99 LCM			1:43.09 LCM	
	11-12	1:18.09 SCY		11-12	1:15.69 SCY	
		1:26.69 SCM			1:23.69 SCM	
	12 14	1:30.99 LCM		12.14	1:27.99 LCM	
	13-14	1:09.79 SCY		13-14	1:05.09 SCY	
		1:17.69 SCM			1:12.49 SCM	
		1:21.99 LCM			1:16.39 LCM	

15	11-12	3:06.59 SCY	11-14 200 Breast	11-12	3:00.19 SCY	16
		3:28.39 SCM			3:19.99 SCM	
		3:35.99 LCM			3:28.69 LCM	
	13-14	2:57.29 SCY		13-14	2:43.99 SCY	
		3:16.99 SCM			3:02.99 SCM	
		3:23.99 LCM			3:10.79 LCM	
17	10&U	41.79 SCY	14&U 50 Fly	10&U	40.49 SCY	18
		46.19 SCM			44.79 SCM	
		47.09 LCM			45.99 LCM	
	11-12	33.89 SCY		11-12	34.19 SCY	
		37.69 SCM			37.79 SCM	
		38.29 LCM			38.59 LCM	
	13-14	100 Fly Cut		13-14	100 Fly Cut	
19	10&U	2:57.19 SCY	14&U 200 Free	10&U	2:47.99 SCY	20
		3:15.99 SCM			3:05.69 SCM	
		3:20.99 LCM			3:12.09 LCM	
	11-12	2:28.99 SCY		11-12	2:23.49 SCY	
		2:45.39 SCM			2:39.79 SCM	
		2:49.19 LCM			2:44.89 LCM	
	13-14	2:18.49 SCY		13-14	2:10.19 SCY	
		2:34.09 SCM			2:23.79 SCM	
		2:38.59 LCM			2:29.29 LCM	
21	10&U	47.49 SCY	14&U 50 Breast	10&U	46.59 SCY	22
		52.49 SCM			51:39 SCM	
		53.99 LCM			53.29 LCM	
	11-12	39.99 SCY		11-12	39.49 SCY	
		44.19 SCM			43.69 SCM	
		45.49 LCM			45.19 LCM	
	13-14	100 Breast Cut		13-14	100 Breast Cut	
23	10&U	1:39.09 SCY	14&U 100 Fly	10&U	1:37.09 SCY	24
		1:49.49 SCM	•		1:48.29 SCM	
		1:52.99 LCM			1:50.79 LCM	
	11-12	1:17.59 SCY		11-12	1:16.09 SCY	
		1:26.49 SCM			1:24.49 SCM	
		1:28.49 LCM			1:26.29 LCM	
	13-14	1:09.49 SCY		13-14	1:04.79 SCY	
		1:17.39 SCM			1:11.89 SCM	
		1:18.79 LCM			1:13.99 LCM	
25	11-12	2:43.99 SCY	11-14 200 Back	11-12	2:39.69 SCY	26
		3:01.29 SCM			2:57.19 SCM	
		3:09.89 LCM			3:05.19 LCM	
	13-14	2:34.89 SCY		13-14	2:25.09 SCY	
		2:51.69 SCM			2:41.19 SCM	
		2:58.69 LCM			2:49.09 LCM	
27	10&U	1:19.99 SCY	14&U 100 Free	10&U	1:18.79 SCY	28
		1:28.39 SCM			1:26.99 SCM	
		1:31.19 LCM			1:30.19 LCM	
	11-12	1:08.29 SCY		11-12	1:05.89 SCY	
		1:15.49 SCM			1:12.89 SCM	
		1:18.09 LCM			1:15.49 LCM	
	13-14	1:04.19 SCY		13-14	59.69 SCY	
		1:11.29 SCM			1:05.99 SCM	
		1:13.09 LCM			1:08.49 LCM	
29	10&U	1:31.69 SCY	12&U 100 IM	10&U	1:28.89 SCY	30
-		1:41.29 SCM	,		1:38.79 SCM	
	11-12	1:18.09 SCY		11-12	1:14.99 SCY	
	11.12	1:26.59 SCM			1:22.89 SCM	
	+		149-II 200 Madlan Dalan	1		32
31			14&U 200 Medley Relay			32

33	11-12	5:56.79 SCY	11&Over 400IM*	11-12	5:46.39 SCY	34
		6:34.19 SCM			6:22.79 SCM	
		6:48.29 LCM			6:39.19 LCM	
	13-14	5:37.59 SCY		13-14	5:17.09 SCY	
		6:15.39 SCM			5:50.69 SCM	
		6:25.89 LCM			6:04.69 LCM	
35	9-10	7:34.89 SCY	9&Over 500 Free*	9-10	7:26.99 SCY	36
	11-12	6:38.19 SCY		11-12	6:27.49 SCY	
	13-14	6:18.69 SCY		13-14	5:58.99 SCY	

The 400 IM and 500 free will be swam fastest to slowest of alternating heats by gender beginning with girls.

### Regional Championships 2024 Hosted by Piranha Aquatics February 17, 2024

### **Meet Entry Summary Page**

Team Name:		Team Code:	
Contact Person:	Phone:	Email	
Address:	City:	State:Zi <sub>]</sub>	p
(total # of Individu	ual events) X \$6.00 event =		\$
(total # of swimme	ers) X \$3.00 (LESI surcharg	ge)	\$
(total # of Relays)		\$	
(total # of swimme	ers) X \$2.00 (handling fee f	for paper entries)	\$
TOTAL AMOUNT REM	HTTED		\$
☐ Swimmers will be witho ☐ I have arranged for my	out a coach on deck: swimmer/s to be supervised	l by	
REGISTERED ATHLETI	SWIMMER LISTED ON EMEMBER OF USA SWI EAM AT THIS MEET WI	MMING AND THAT EV	ERY COACH
		DA	ГЕ:
(coach or member team re-	presentative).		

Make checks payable to Piranha Aquatics.

**Please note**: All entries submitted with this sheet should be covered by a single check.

Checks must be received by February 12, 2024.

This sheet must accompany all entries including HY-TEK Meet Manager electronic entries, hard copy & check.

Mail to Piranha Aquatics, c/o Regionals 2024, P.O. Box 1006, Salem, OH 44460. All entries submitted with this sheet should be covered by a single check.

#### LAKE ERIE SWIMMING, INC. INDIVIDUAL AND RELAY SCRATCH RULE

Each swimmer/relay team shall be aware of the meet starting time and shall report to the proper meet authorities promptly upon call.

- A. Pre-Seeded Meets Each swimmer/relay team shall report promptly to the Clerk of Course or starting blocks prior to the race in which the swimmer/relay team is entered. Any swimmer/relay team not reporting for or competing shall not be penalized. Teams that enter multiple swimmers and subsequently fail to notify the meet host prior to the seeding that multiple swimmer they entered do not intend to compete may be fined \$25 per swimmer per day, at the discretion of the Meet Referee.
- B. Events Seeded on the Deck -
  - (1) Events seeded on the deck shall be closed for seeding no earlier than forty-five (45) minutes prior to the start of the session. Host may provide alternate methods of check-in (such as email, phone, fax) for swimmers who do not plan to arrive before the scratch deadline.
  - (2) Any swimmer who has checked in for an individual event 400 yards/meters or longer must swim in the event unless the swimmer notifies the Administrative Official before the seeding of the event has begun that the swimmer wishes to scratch; failure to scratch prior to seeding and not swimming the event will result in a fine of \$25.00 to the swimmer's club or to the unattached swimmer, except as noted in "Exceptions for Failure to Compete" (below). A declared false start or deliberate delay of the meet in events 400 yards/meters or longer is not permitted and will be regarded as a failure to compete.
  - (3) Any agent of a team (coach, parent, swimmer, etc.) who checks in swimmers for events when those swimmers are not present at the meet may cause a fine of \$25.00 per swimmer per day to be levied against that team at the discretion of the Meet Referee.
  - (4) Events seeded on the deck and swum as a timed final with one or more heats swimming with finals shall provide the swimmer the opportunity to indicate their desire to swim only during the preliminary session by indicating this desire by placing a "P" next to their name on the sign in sheet. Any swimmer failing to indicate this desire who does not compete during the finals session shall be subject to a fine of \$25.00, except as noted in "Exceptions for Failure to Compete" (below).
- C. Scratching from Bonus Finals, Consolation Finals and Finals
  - (1) Any swimmer qualifying for a C, B, or A (bonus and consolation final or) final race in an individual event who fails to compete in said final race shall be barred from further competition for the remainder of the meet, except as noted below in "Exceptions for Failure to Compete." If such failure to compete occurs on the swimmer's last day of the meet, the swimmer's club shall be fined twenty-five dollars (\$25.00) by LESI. If the swimmer is not a member of a USA Swimming member club, the swimmer shall be fined \$25.00. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.
  - (2) In the event of withdrawal or barring of a swimmer from competition, the Referee shall fill the consolation final or final when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the finals.
  - (3) When consolation finals have not yet been swum and a barring or withdrawal is known to the Referee, the Referee shall re-seed the consolation final and the final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
  - (4) If a consolation final has already been contested, the final shall be swum without reseeding for the empty lane(s).
- D. Exceptions for Failure to Compete No penalty shall apply for failure to withdraw or compete in an individual event if
  - (1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
  - (2) A swimmer qualifying for a bonus or consolation final or final race following preliminaries notifies the Referee or designee within thirty (30) minutes after the announcement of the qualifiers for that race that the swimmer may not intend to compete. The swimmer must declare within thirty (30) minutes following the swimmer's last individual preliminary event a final intention to scratch or swim.
  - (3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

## Youngstown Showdown ENTRY FORM

TEAM NAME:		_ LSC:			
NAME	AGE	GENDER	USA S NUMBER	EVENT #	TIMES (in yards/meters)