

May 17-19, 2024 WARM-UP and MEET Information

Robert F. Busbey Natatorium, Cleveland State University, 2451 Euclid Avenue, Cleveland, OH 44115

Warm-up Information: Start Times and Deadlines <u>Meet Website</u>						
Friday Timed Finals						
4:15-5:30 PM Warm-ups for all Teams - no assigned lanes						
4:50 PM	Close of Deck Entries for Friday night session					
4:50 PM	Check-in closes					
5:35 PM	Start of session					
Mile sw	immers: please provide your own timer and counter					
Saturday and Sunday 13 & Over Sessions						
7:00-8:30 AM	Open warm-up for all Teams - no assigned lanes					
7:50 AM	Close of Deck Entries for Saturday Open Session					
7:50 AM	Check-in closes					
8:35 AM	Start of 13 and Over session					
Sa	turday and Sunday Age Group (12U) Sessions					
Not before 12:10	Warm-ups will be split into two (2) 30-minute sessions- See Team / Lane assignment					
20 mins after the start of 1st warm-up	Close of Deck Entries for Saturday Age Group session					
20 mins after the start of 1st warm-up	Close of the check-in process					
65 minutes after the start of warm-up	Start of session					
Saturday and Sunday Finals						
Not before 6:00 PM Saturday Not before 5:30 PM Sunday	40 minute warm-up session - Finals warm-up time will be announced during prelims					
45 Minutes after the start of warm-ups	Start of Finals					

The instructional pool will be available for continuous warm-up throughout the meet.

CLEVELAND MARATHON Saturday and Sunday Road Closures: Be advised that the Cleveland Marathon is taking place Saturday and Sunday. Check here to see if there will be any road closures that you will have to negotiate https://www.clevelandmarathon.com/race-weekend/road-closures.aspx

Meet Conduct: All Relays will be timed finals and swum at prelims. Individual events 400 meters and longer will be swum as timed finals, with the fastest heats first and alternating women's and men's heats. All other 11 and over events will be swum as prelim/finals. Nine(9) lanes will be swum in each heat of finals. Open events will have an A and B final (A final will follow the B final);13-14 and 11-12 events will have an A final only. All 10& under events will be timed finals

Coaches: Coaches will be required to show current credentials in order to be on deck. Wristbands will be issued to those who verify current coach membership.

Check-In: Check-in will be required for all events. Swimmers will circle in on the pool deck; sheets will be posted by gender and team. Please make sure swimmers are checked in by the times listed above.

Backstroke Ledges: Backstroke start ledges will only be used for the 13 and older prelim and Finals sessions.

Fly Overs: Flyover starts will be used for all prelim sessions

Deck Entries: Deck entries will be limited to the pre-meet heat count. \$12 per individual event and \$16.00 per relay. Deck Entries close 45 minutes before the start of the session- see chart above

Time Trials: At the discretion of the Meet Director and Meet Referee, time trials will be offered after the Friday evening, Saturday morning, and Sunday morning sessions. Depending on the timelines, some events may not be available for time trial. Time trials count towards daily limitations and cost of \$15.00 per individual event and \$20.00 per relay event. Only swimmers who are entered in an individual event in the meet may participate in time trials. Time trial entries will close 90 minutes prior to the end of the session. *Swimmers must provide a timer.*

Meet Workers: Check-in will be required for all meet workers on deck and wristbands will be required to access the deck. Those counting/timing for a swimmer for 1500 free will be permitted on the deck only to time/count. We can use extra workers if interested in volunteering. **Click Here to Volunteer.** Non-LESD volunteers will receive free admission for the weekend

Awards: Should be picked up by coaches at the end of the meet

Admission Cost: \$5.00 per spectator per day 65 & Over/5 & Under are free. Please, no bills larger than \$20.00

Northwest Design: Please be sure that your swimmers and families visit our meet apparel vendor located in the lobby outside the stands.

Parking: CSU charges for event parking (est. \$10.00 per day). Parking lots are available at the corner of Chester and E. 22nd Street or on Euclid Ave and E 24th Street. City of Cleveland meter parking is available on Chester Avenue. Cleveland State University meter parking is available on a very limited basis.

Only athletes, coaches, officials, and working volunteers are allowed on deck. Please observe all posted signs and if you need assistance, look for a meet worker

Coaches and Meet workers, please consider bringing a refillable water bottle to use throughout the meeting. Water bottle filler stations are located on deck.

LANE ASSIGNMENTS for 12 and Under Sessions

	Warm up 1 - 30 Minutes: Not before 12:10 PM										
1	2	3	4	5	6	7	8	9			
LESD	LESD	GLSS DYP	FAST	FAST MRAY	VSC WHAT	LSSC	LSSC	LSSC CCS			

Saturday, May 18 arm up 1 - 30 Minutes: Not before 12:10

Warm up 2- 30 Minute Warm up

1	2	3		5	6	7	8	9
HEAT PA	HEAT	NCAT MYG	SWIM	SWIM Cfyn	NGAC PAC	BBA	BBA	BBA

Sunday, May 19 Warm up 1 - 30 Minute Warm up: Not before 12:10 PM

1	2	3	4	5	6	7	8	9
LESD	LESD	GLSS DYP	FAST	FAST MRAY	LSSC	LSSC	LSSC	VSC GWA CCS

Warm up 2 - 30 Minutes

1	2	3	4	5	6	7	8	9
HEAT PA	HEAT	NCAT MYG PAC	SWIM Cfyn	SWIM	NGAC BBA	BBA	BBA	BBA

Any swimmer without a coach or an unattached swimmer needing a lane please see meet director or referee

	Last updated by SK on-		E22	E21	E18	E17	Superior	Euclid	E12	E9	W3	Lakeside	6M	St Clair	<u>Street</u>
Ready to print		Superior	Superior	Superior	Superior	W6	E9	St Clair	Erieside	Lakeside	W6	St Clair	E12	From	
	hrs.	Times are approximates and will be adjusted on ro day as necessary	Euclid	Euclid	Euclid	Euclid	E23	E22	Euclid	Euclid	Erieside	W3	Lakeside	6M	<u>To</u>
		ed on race	0730-1000	0730-1000	0730-1000	0730-1000	0730-1000	0730-1000	0730-1000	0730-1000	0730-1000	0730-1000	0730-1000	0730-1000	<u>Closure</u>
															Notes

Street Closures and Times (Saturday)

Street Closures and Times (Sunday)

Street	From	<u>To</u>	Time Closed	Notes
St. Clair	E.6	Ontario	0000-1500	This is the start/finish area
St. Clair	E6	W9	0600-1500	
W9	St. Clair	Superior	0600-1500	
Superior	W9	E18	0600-0730	
E9	Superior	Euclid	0600-0730	
Euclid	E9	E22	0600-0730	
E22	Euclid	Payne	0600-0800	
Payne	E22	E18	0600-0800	
E13	Payne	Chester	0600-0800	
Chester	E13	E12	0600-0800	
E12	Chester	Superior	0600-0800	
E18	Superior	Lakeside	0600-0800	
Lakeside	E18	W3	0600-0830	
E9	Lakeside	Erieside	0600-0830	
Erieside	E9	W3	0600-0830	
W3	Erieside	Lakeside	0600-0900	
W9	Lakeside	Front	0600-0900	
Old River Road	Front	Carter	0600-0900	
Scranton	Carter	Starkweather	0600-0930	
W14	Kenilworth	Buhrer	0600-0930	
Buhrer	W14	W11	0600-0930	
W11	Buhrer	Clark	0600-0930	
Clark	W11	W14	0600-0930	
Kenilworth	W14	W11	0600-0930	
W11	Kenilworth	Starkweather	0600-0945	
Starkweather	Scranton	Jefferson	0600-0945	
Jefferson	Starkweather	Professor	0600-0945	
Professor	Jefferson	Fairfield	0600-0945	
Fairfield	Professor	W11	0600-0945	
Abby	W11	W19	0600-1000	
Lorain/Carnegie Bridge	W20	Ontario	0600-1030	Eastbound traffic maintained
Ontario	Carnegie	Huron	0600-1030	Northbound traffic maintained/One lane southbound maintained
W Huron	Ontario	Superior	0600-1030	Eastbound traffic maintained for buses
Detroit	Superior	W74	0600-1400	Hard closure until 1200 then partial as necessary for runner right of way
Shoreway	E55	West Blvd	0200-1500	Westbound will open at 1330
W28	Detroit	Bridge	0600-1100	
Bridge	W28	W38	0600-1100	
W38	Bridge	Franklin	0600-1100	
Franklin	W38	W44	0600-1100	
W44	Franklin	Bridge	0600-1100	
Bridge	W44	W48	0600-1100	
W48	Bridge	Clinton	0600-1130	

Street	From	To	Time Closed	Notes
Clinton	W48	W29	0600-1130	
W29	Clinton	Detroit	0600-1130	
W57	Detroit	Bridge	0600-1130	
Bridge	W57	W69	0600-1200	
W69	Bridge	Franklin	0600-1200	
Franklin	W69	W74	0600-1200	
W74	Franklin	Detroit	0600-1200	
Edgewater	West Blvd	W115	0600-1300	
W115	Edgewater	Lake	0600-1300	
Lake	W115	Shoreway Entrance	0600-1330	
	Times are approxi	mates and will be a day as necessary	adjusted on race	
Last updated by SK on-	05/08/2024 @ 1600 I	hrs.		Ready to print