



2024 ★ 18 & UNDER
SPRING CUP

18&U SPRING CUP 2024

REVISED TIME STANDARDS

WOMEN

MEN

SCY	LCM		LCM	SCY
24.49	28.09	50 FR	25.29	21.69
53.09	1:00.69	100 FR	54.79	47.39
1:53.79	2:10.99	200 FR	2:00.49	1:43.79
5:05.09	4:35.29	400/500 FR	4:15.79	4:42.79
10:28.79	9:27.39	800/1000 FR	8:49.99	9:42.99
17:25.69	18:06.09	1500/1650 FR	16:56.49	16:24.39
58.99	1:07.89	100 BK	1:01.99	53.39
2:07.19	2:26.99	200 BK	2:13.79	1:54.89
1:06.89	1:17.19	100 BR	1:09.69	59.79
2:24.69	2:46.69	200 BR	2:30.89	2:09.69
58.19	1:05.79	100 FL	59.59	52.09
2:08.89	2:25.09	200 FL	2:11.79	1:55.09
2:09.29	2:28.49	200 IM	2:15.19	1:57.09
4:33.39	5:12.99	400 IM	4:47.59	4:11.19

Swimmers with one or more qualifying standards may swim two bonus events