

2025 LE Short Course Championship Meets

Regionals

- **Eligibility: 14 & Under**
- **2 day meet/4 session meet**
- **Dates: Weekend of the 14th-17th**
- **4 sites - to be bid and teams assigned to sites.**
- **Timed Finals**
- **Time Standards: slower than 2025-2028 NAG 'BB' time**
- **Age-Up Clause: Swimmers who age up between Regionals and Age Group Champs (AGC) AND do not have AGC cuts in their new age group may enter and swim at Regionals with proof of their birthday.**
- **Events:**
 - **10U: 50, 100, 200 Free; 50, 100 Back; 50, 100 Breast; 50, 100 Fly; 100, 200 IM**
 - **11-12: 50, 100, 200 Free; 50, 100, 200 Back; 50, 100, 200 Breast; 50, 100, 200 Fly; 100, 200 IM**
 - **13-14: 50, 100, 200 Free; 50, 100, 200 Back; 50, 100, 200 Breast; 50, 100, 200 Fly; 200 IM**
 - **11-14: 400 IM**
 - **9-14: 500 Free, 1650 free**
 - **10U, 11-12, 13-14: 200 Free Relay, 200 Medley Relay**
- **Relays: limit 2 per team per age group per gender**
- **Scoring: Top 10 standard scoring, relays double. Scoring 10U, 11-12, 13-14.**
- **Time Trials: None**
- **Team Awards: None**
- **Individual Awards (Responsibility of each site): Each individual event separately for 10U, 11-12, 13-14 per gender for Top 10; Relay Top 5 overall per gender**
- **Win and In - If you win the event at Regionals, you qualify to swim the event at 14U or 10U Champs. Ties and both qualify.**
 - **New cuts and Win and In swimmers entries due day after Regionals are completed at 3pm.**
- **Hard copies must be included in your entry**

10 & Under Championships

- **Eligibility: 10 & Under**
- **Date: 2/23/25**

- **Location: Akron U**
- **Host: HEAT**
 - **Mel Badzoing: mel.badziong@me.com**
- **Timed Finals: 2 Sessions (8U Girls + ½ of 9-10 events; 8U Boys + ½ of 9-10 events)**
- **Time Standards**
 - **8U: None**
 - **9-10: 2025-2028 NAG 'BB' and faster**
- **Events**
 - **8U: 25, 50, 100 Free; 25, 50, 100 Back; 25, 50, 100 Breast; 25, 50 Fly; 100 IM; 100 Free Relay, 100 Medley Relay**
 - **9-10: 50, 100, 200, 500 Free; 50, 100 Back, 50, 100 Breast; 50, 100 Fly; 100, 200 IM; 200 Free Relay, 200 Medley Relay**
- **Scoring (9-10 only): Top 20**
- **Time Trials: None**
- **Team Awards for 9-10: Top 3**
- **Individual Awards provided by Lake Erie:**
 - **8U: each individual event separately for 6U, 7, 8 per gender for Top 10; Relay Top 5 overall per gender**
 - **9-10: Individually Top 10 for combined 9-10 per gender; Relay Top 5 overall per gender**
 - **9-10 High Point & Runner Up by Age Group & by Gender**
- **Hard copies must be included in your entry**

Senior Championships

- **Date: Feb 28-March 2nd, 2025**
- **Eligibility: 15 & Over (no time standards for 50's or 100's; B standards for 200's and longer) 14U swimmers in High School, 14U swimmers who are not in HS may compete with 15-16 NAG AAA qualifying time**
- **Location: Akron University**
- **Host: FAST**
- **Short Course Prelims/Finals (A/B/C finals) on Saturday/Sunday**
- **Timed Finals Friday**
- **Open: 50, 100, 200, 400/500, 800/1000, 1500/1650 free; 50,100, 200 back; 50,100, 200 breast; 50, 100, 200 fly; 200, 400 IM; 200, 400, 800 FR; 200, 400 MR**
- **Time Trials: offered time permitting**
- **Scoring: Top 16 non-college swimmers.**
- **Relays: Each team may only score A&B relays**

- **Team Awards: Girls, Boys, Team Champion**
- **Individual Awards: High Point & Runner-up by Gender**

Age Group Championships

- **Eligibility: 14 & Under**
- **Date: March 7-9, 2025**
- **Location: Cleveland State University**
- **Host: LESI**
- **Format:**
 - **Friday: Timed Finals**
 - **Saturday/Sunday: Prelim/Finals**
 - **A/B Finals 12U, 13-14**
 - **Any event will only have A final if less than 20 athletes seeded.**
 - **Only 2 relays may be entered per team, per gender, per age group**
 - **2 Relay only swimmers permitted per gender per age group to fill A relay only**
 - **Pre-seeded**
 - **Hard copies must be included in your entry**
 - **Qualify for 50s of stroke with 100 time, unless NAG time for 50s of stroke is established by USA Swimming.**
- **Time Standards:**
 - **12U:**
 - **2025-2028 NAG 'BB' and faster**
 - **10U must qualify with 11-12 standards**
 - **Bonus Events: 1 cut=1 bonus for 200y events and shorter**
 - **13-14:**
 - **2025-2028 NAG 'BB' and faster**
 - **No Bonus**