Pirate Party

Lake Erie 10 & Under Championships

Feb. 23, 2025 University of Akron Ocasek Natatorium 382 Carroll Street Akron, OH

SCRATCH DEADLINE: All events besides the 500 will be pre-seeded. Please email all scratches to Mel Badziong by Friday Feb. 21 @ 6 pm hudsonheatpresident@gmail.com

Warm Up Assignments:

Warm Up #1 -BBA, FAST, GWA, HEAT, LESD, MRAY, NCAT, PA, PAC

Warm Up #2 - AAC, CAQ, CCS, CCST, GLSS, GYB, LSSC, MYG, PS, PWRS, SWIM, VSC, WHAT

Session 1: 8u girls + 9-10s

Warmup Plan:
8:00 - 8:20 - Warm up #1
8:20 - 8:40 - Warm up #2
8: 40 - 8:55 - One way sprints in competition pool
8:45 am - coaches meeting
9:00 - meet start

Estimated competition time: 9:00-12:45 PM

Session 2:8u boys + 9-10s

Warmup Plan:
Warmups will not begin before 2:00 pm.
First 20 min- Warm up #1
2nd 20 Minutes - Warm up #2
Last 15 min- One way sprints in competition pool
Competition will start 1 hour after warmups begins.

Swimmers in the 500 free should provide their own counter.

Open warm-ups are available in the non-competition pool throughout the duration of the meet.

Meet Notes:

- Meet info will be posted on the <u>meet website</u>.
- Deck entries will be accepted until 45 minutes before session start to fill empty lanes only. There are no deck entries for bonus events. 9-10 swimmers must show proof of qualifying times.
- There will be a coaches meeting at 8:45 AM
- Events 1 54 are pre-seeded.
- Event 55 & 56 requires positive check in. Check-in sheets will be posted in the hall near racquetball room #4.
- Heat sheets will be distributed electronically and be posted to meet mobile by Saturday evening.
- Meet results will be posted on Meet Mobile barring any technical difficulties.
- Akron charges for parking.
- Admission is \$5 cash only. Children under 5 and Seniors over 65 are free.
- Fly over starts will be used.
- 25s will start on the bulkhead. Please have 8u 25s swimmers report to volunteers on the pool door side of the bulkhead to help line up. Only 1 heat at a time on the bulkhead.
- Backstroke wedges are permitted for 9-10 events only.
- Warm-up and warm-down will be available in the non-competition side of the pool throughout the meet
- Coaches will be required to show current credentials in order to be on deck. Coaches
 MUST present their registration card issued by their LSC registrar with valid dates or
 their USA Swimming app verification of their coach's education requirements.
 Wristbands will be issued to those who verify current coach membership. A screen shot
 of your USA Swimming app or coach membership card will be permitted. Coaches who
 cannot display their USA Swimming app or membership card will NOT be issued a wrist
 band and will NOT be permitted on the pool deck.

Vendors/Concessions:

- Fine Designs will be onsite with meet apparel.
- Light concessions may be available at the ONAT desk.

Awards:

- The top 8 swimmers from each **9-10 event** should report to the podium during the designated award ceremony.
 - o After event 9, 18, 25, 28, 37, 46, 51, 54, and 56
- 8u swimmers (awarded at 6,7, and 8) will have their results read over the loudspeakers.
 8U swimmers should pick up their awards after results are read at the 8 & Under awards table.

•	COACHES: A timeline will be included in your meet packet at check in. Please note the timeline for award breaks and help us by sending your 9-10 award winners near the podium to get lined up at the break.