

**Jim Scullion Age Group Showdown  
January 18 - 19, 2025  
Warm-Up Times**

**Saturday and Sunday Morning Warm-ups**

11-12 Girls 7:30 – 8:00

13 & Over 8:00 – 8:40

Meet Starts at 8:45

Deck entries will be accepted. Swimmers must show their USA # and DOB.

**Saturday Afternoon Warm-ups will not begin before 10:35 am**

10 & Under Girls – 1<sup>st</sup> half hour

10 & U and 11-12 Boys – 2<sup>nd</sup> half hour

Deck entries will be accepted. Swimmers must show their USA # and DOB.

**Warm-up for finals will not begin before 3:45 pm**

45 Minute Warm-up

Finals will start 5 minutes after the completion of warm-ups

There will be a championship heat only for 10 & U,  
and a championship and consolation heats for 11-12 and 13 & O.

**Sunday Afternoon Warm-ups will not begin before 12:00 pm**

10 & Under Girls – 1<sup>st</sup> half hour

10 & U and 11-12 Boys – 2<sup>nd</sup> half hour

Limited deck entries will be accepted. Swimmers must show their USA # and DOB.

**Parking is available on both sides  
of Lakewood High School**

Please use door #2 (flagpole) on the north side of Lakewood High School or door #14 (pool lobby) on the south side of Lakewood High School. Other exterior doors will not have access to the pool.

Due to the possibility of inclement weather, information regarding the meet will be posted on [recreation.lakewoodcityschools.org](https://recreation.lakewoodcityschools.org) or [www.lakeeriewimming.com](http://www.lakeeriewimming.com) as soon as it is available.

We are still in need of timers for Saturday finals, and both Sunday sessions. If you are interested, please sign up at <https://www.signupgenius.com/go/10C0D49AEAD28AAFDC43-53513085-2025>