

**Copley Winter Breakout  
December 10, 2017  
Warm-Up Times**

Morning Warm-ups  
CWW, SWIM, LRST 7:30 – 7:50  
All Others 7:50 – 8:10  
Starts for all 8:10 - 8:20  
Meet will begin at 8:25

**Afternoon Warm-ups will not begin before 11:30**

Afternoon Warm-ups  
CWW, SWIM, LRST 1<sup>st</sup> 20 Minutes  
All Others 2<sup>nd</sup> 20 Minutes  
10 Minutes of Starts for all  
Meet will begin 5 minutes later

Deck Entries will be accepted for both sessions.

There will be a 10 minute warm-up prior to the 500.