

Age Group Development Committee Meeting
3/11/2025 Present: Eric Peterson, Vince Colwell
Guest: Jon Castaldo, CG Sports

- Looking at different options for holding a LESI Age Group Camp with an Olympian in attendance to run the clinic and excite the age groupers in our LSC
 - Jon has worked with many different LSCs running a variety of clinics with their team of Olympians. Structure would be set up by the LSC, they will cater to what we decide is best.
 - September would be the earliest available date to get a clinician to attend
 - Highest profile athlete would be great, the cost would be 6,000 dollars maximum.
 - The option to turn this idea into a long term clinic series is also out there
 - Fall catch the spirit clinic open to a few athletes from each club
 - Spring Zone select clinic for swimmers AA or faster to excite them towards summer achievement
 - Lots of options, this is just a jumping off point
 - There are other clinicians who can be brought in who are not just focused on swimming, there are mental skills clinicians who may be brought in to run two tracks of a double clinic.
 - Hoping to have something finalized before LC Championships to advertise to teams in the LSC. Running it in September would be best as it is before the LSC meet schedule starts
 - UPDATE: Jon said that Lilly King could come in on Saturday September 27th.
 - Next steps
 - Get a name or names from Jon
 - Take this to the board to request funding
 - Find a pool and some helpers for the day of the clinic
 - Get a clinic structure set up and figure out how to allocate it to teams to provide equal opportunities.