

LESI Camp Committee Minutes -

Minutes Post the LESI Camps September 7th Meeting ([Recording](#))

- The intended webinar host shared the challenges included in her message pasted below which led to my recommendation as follows: "While the Ohio high school season poses challenges for senior group swimmers through the end of February, we could potentially plan for something in January for age group swimmers. How does the week of January 8, 2024 sound? Are there any weekend evenings that work better than others? (Sent on 9/17; No response as of 9/25)
 - From Andi (prospective webinar host): "I apologize. My colleague Sara and I have been and continue to be in the process of training 4 new hires in our department. We have tried to find time to work on this, however we have been unable to dedicate the time at work that we want to be able to put into this to have it completed for an event in Sept/Oct. We would like to still be on the books for a presentation, however the current timeframe is not feasible. Is there any change we can delay it until early next year, before any of the major final swim meets take place?"
- Information shared with Andi (and the Camps committee during the 9/7 meeting), prior to her 9/12 response:
 - The LESI Camps Committee has been inactive for over a decade, as I understand. It is a sub-committee of the board that used to be connected to the LESI Technical Planning chair (which also had been vacant a while before this season.) Coaches who remember it when it was an active committee described it as a committee that worked to provide a diverse array of accessible clinics, camps, and workshops to supplement the instruction of coaches in the LSC. It will likely take a few years before it is as robust as it once was, but as a Coach Rep for the LSC working with other coaches who share a vision to better support coaches and athletes in the region, we are working to rebuild by forming positive partnerships with interested members of our community that bring experiences that can enhance the quality our work.
 - In my opinion, live presentations tend to be better attended than pre-recorded presentations. It is a preference of mine, but I can ask the rest of the committee if an asynchronous option would work out as well.
 - The other topic that will be presented (during a separate online event) is one related to sports psychology and mental health.
 - The audience would be parents and swimmers, though coaches are always welcome to attend. Let me know if you have thoughts about this!
 - The dates are certainly flexible. What dates work best for you? We prefer your in-person presence, if possible.
 - How you are presented is a choice that I believe should remain yours. One idea is, "Please welcome _____ & _____, parents of competitive athletes in the Lake Erie LSC, bringing their experience as practicing pediatric dietitians to encourage positive and effective nutritious habits for the growth, development, and success of LESI athletes." I can include more, less, or something different, depending on your preferences