Athletes' Committee- 4/13/20 11:45 am (via ZOOM)

Present: Zach Toothman, Paige McCormick, Riley McNichols Absent:

- I. Additions to the Agenda
- II. Approval of the Agenda
- III. Consideration of Agenda Items
 - A. LE Q&A on Instagram
 - 1. Will do a post a day before and explain what we are doing.
 - 2. Post Intro on Wednesday, Questions on Friday-Saturday, Answer Saturday/Sunday
 - 3. Provide Passwords and stuff to Joey Reilman
 - B. BOD Athlete Representative Responsibilities- Athletes Handbook would be a good idea.
 - 1. Adult Guidance on the Board
 - a) Despite being under Admin BC guidance, the athlete reps on the BOD should turn to the Coaches Rep, Senior Chair, or Age Group Chair they are most comfortable with and have knowledge of governance to help with advice, planning, and to bounce ideas off of.
 - b) Currently we do this with Erin and it is critical to the success of all of the events we plan and she happens to be the Admin VC but this may not always be the case in the future.
 - 2. Social Media
 - a) Spread awareness of what our goals are and spread accomplishments of the athletes.
 - b) Activities to keep everyone involved, post service projects, athlete rep experiences.
 - 3. Athlete Page on Website
 - a) The hub of everything athlete related (Cuts, Informative Information, and reps) Lots of Information!
 - b) Possible Google site and have it linked from actual website?
 - c) Athlete Feature
 - Rotate it every 2 weeks on Sunday, Vote with the AEC on the next elected feature, Email to pam.
 - (2) Look at the Calendar for dates and information.
 - 4. Athlete Email
 - a) Utilize for anything general from the athlete's committee such as discussion corners, agendas, etc.
 - b) The calendar is very helpful to plan meetings and events.
 - 5. Discussion Corners
 - a) Written by one chair of a subcommittee every month. One person would write one discussion corner every 3 months.

- b) Send out on the first Saturday of every month.
- 6. Service Initiatives/ Projects
 - a) Winter Service Initiative- Toy Drive
 - b) Summer/Spring Initiative- Write Letters to Military, Sock Drives, Food Drives at Local Food Banks
- 7. Events at Meets
 - a) Hot Heats, Mystery IM, Information Table, etc., Breakouts 50's and Relay Meet Possibility
- 8. Subcommittees
 - a) 3 BOD Athlete Reps= Each chairs one Subcommittee
- 9. Athlete Executive Committee (7 Member committee)
 - a) Put in Bylaws
 - (1) A group of 4 athletes in addition to the 3 BOD Athlete Reps who are above the standard club athlete role.
 - b) Define Election Process
 - (1) Elect One Freshman Athlete in the Fall around HOD. Each athlete would have a term that lasts until they graduate high school or can no longer be on the committee.
 - (2) A member cannot be either the at-large rep, or Junior or Senior Rep. If they become one of these roles an election would need to take place.
 - c) Differentiating Athlete Meetings v. Athlete Executive Committee Meetings
 - An Athlete's Meeting is a general meeting before HOD 2x a year. Discuss general athlete role stuff
 - (2) AEC Meetings are BOD related events/meetings.
 - (3) There can be Athlete BOD Rep meetings and then Athlete Subcommittee Meetings.
 - (4) 4 Types of Meetings that can occur.
- 10. Mission Statement and Vision for Athlete's Committee
 - a) Could be put on social media and in bylaws.
 - b) Will create at meeting on 4/19
- C. Review Athlete Survival Guide Provided by National Committee
 - 1. https://usasathleteresources.weebly.com/athlete-rep-survival-guide.html
- D. Club Athlete Representative Involvement
 - 1. At HOD see who is interested or who is not. So we can have more club involvement.
 - 2. Put on google form to see who is interested.
- E. Meeting with Tina and Erin
 - 1. To discuss these above items and to make sure the athlete committee continues to flourish in the future.
- F. HOD Athlete Meeting Agenda- Needs to be sent out today!
 - 1. Junior Athlete Elections

- 2. HOD Etiquette
- 3. Share what people have been doing (Workout, Events, etc.)
- G. Junior Athlete Elections
 - 1. Include 6 Points about athlete nominee
- H. Ideas/Announcements
- IV. Time/Date of Next Meeting: When Needed
- V. Items to Discuss at Next Meeting: N/A
- VI. Meeting Adjourned Via ZOOM 4/13/20 at 12:30pm
- VII. Minutes Submitted By Zach Toothman