

**Lake Erie Swimming, Inc.**

**November 29, 2021**

**STAY SAFE**

Every Friday LE will publish an electronic newsletter on latest developments. All club contacts and non-athlete who have a valid email address will automatically receive the newsletter. Others may email [pamswim@aol.com](mailto:pamswim@aol.com) to get on the distribution list. The newsletter will also be posted on the web. Please share with other club officers and post at your practice facility for your parents and athletes. Send/email me any input you may wish to share with the LE swimming community. If you check email infrequently, always check it on Friday.

**Meet Information is posted on the LE website – <http://www.lakeerieswimming.com>**

**To get “breaking news” to your mobile device, follow LE on Twitter (@LESwimming)**

**Winter Break meet on 12/12 will be held at Cleveland State University.**

**LESI Zach Toothman has been seated as the one Actively Engaged Athlete on USA Swimming Task Force** to review the Nominating Committee’s charge, process, and composition. The Task Force has 9 members. **Congratulations, Zach.**

**TEAM OHIO All Stars Event (formerly known as the QUAD team)- Registration is now open See LE website.** Swimmers are encouraged to register now.

Applications/event selections can be modified up until the application deadline. Times will be updated through the times update deadline.

**Club Excellence – FAST (Silver) and LESD (Bronze) have been recognized as part of USA Swimming’s club excellence program. Congrats to FAST and LESD!**

**Coach Advantage Tutorial (CAT) Extension** - For Coaches who have Coach Advantage Tutorial cert expiring on or before January 31, 2022, USA Swimming will be providing an extension of this requirement for you until February 1, 2022

**CLUBS ZOOM License Offer** - USA Swimming is excited to again offer the opportunity for USA Swimming clubs and LSCs to obtain an Enterprise level Zoom license for \$240 per year starting January 1, 2022. Attached is the information above in PDF form. You can also reach this information via the google link if that is easier for you here: [2022 Zoom License offer information for clubs and LSCs](#). . Each LSC will need to complete and return the [LSC Enterprise Zoom License Form](#) to USA Swimming ([hperez@usaswimming.org](mailto:hperez@usaswimming.org)) by December 1, 2021.

**IMPORTANT INFORMATION FOR CLUB REGARDING NON-ATHLETES**  
**(this is also posted on LE website opening page under LESI 2022 Registration Information)**

**BOARD MEMBERS** – Board members listed on the 2022 USA Swimming club application form **must** be non athlete members (with background check and athlete protection training completed). USA Swimming required the implementation of this in Summer, 2020 (but it was never part of the 2021 USA Swimming Club Application) It is on the 2022 USA Club Application form. To help facilitate this requirement, I am not renewing clubs for 2022 until the Board

members listed on the 2022 USA Club application are current non athlete members.

**MAAPP 2.0** - On July 15, 2021, you received a communication announcing all employees and individuals serving on the board of directors of USA Swimming Zones, Local Swimming Committees (LSCs) and member clubs must be non-athlete members of USA Swimming. Since then, we have received numerous inquiries about how this requirement applies to institutionally-owned clubs. USA Swimming has been working with the U.S. Center for SafeSport in an attempt to be able to provide guidance to institutionally-owned clubs. To date, we continue this effort but do not have full guidance to provide.

As a result, USA Swimming is **extending the implementation date of this requirement to January 1, 2022**. We anticipate being able to provide full look forward to receiving further communications from USA Swimming on this matter.

Please note, all individuals who have direct and frequent contact with, or who have authority over, athletes are required to be non-athlete members of USA Swimming. For any questions or concerns, please contact [safesport@usaswimming.org](mailto:safesport@usaswimming.org).

## **PROBLEMS - Athlete Protection Training (APT) and Coach Advantage Tutorial (CAT)**

### **APT (Still not fixed)**

- Refresher Courses not available – anyone who expired in August or September 2021 has been extended to September 30 in hopes that the platform will be fixed by the end of September. Refresher courses are available for most users. There are still some functions in development, so people who cannot access them should contact [learn@usaswimming.org](mailto:learn@usaswimming.org) Additionally, the “download certificate” feature is still in development.
- Here is a recommendation to try before emailing the Learn group: For the APT, sometimes logging back in and seeing the APT Certification badge on the Learn dashboard will trigger the SWIMS notification. You can always send Learn a list at [learn@usaswimming.org](mailto:learn@usaswimming.org) and they will check and/or escalate them to the powers that be. They are still managing quite a few emails. The work is ongoing to fully fix everything, but it is working for most members right now.
- Anyone who expired prior to August 1, or if taking it for the first time, the Core course is available.

### **CAT**

- Coaches complete the course, some more than once, and it isn't showing on Deck Pass. Please email [learn@usaswimming.org](mailto:learn@usaswimming.org) and they can get it pushed through

**LESI eNewsletter** – The email distribution list for the LESI eNewsletter has been updated to 2020 and 2021 non athlete members. If there are members of your club or anyone else who wants to be on the email distribution list, email me ([pamswim@aol.com](mailto:pamswim@aol.com)) to be added to the list – anyone can be on this list and receive the weekly eNewsletter. The newsletter is also posted on the LESI website.

## **USA Swimming Updates**

### **Week of November 22, 2021**

CZ Gen Chair Zoom Meeting; Thurs, Dec 9, 2021 at 11AM Eastern Time

<https://us06web.zoom.us/j/82796938745?pwd=a1c3N3UyU3N0ZVMvb2hUZnM3bnFsUT09>

- **Safe Sport Training:**

Coach Registration: Dec 3, 2021; 3:00PM Eastern Time

<https://usaswimming.zoom.us/meeting/register/tJwodu6rqT0sH9fqZKSoo999QrrPg9Hg4it>

Parent Registration: Dec 1, 2021; 8:00PM Eastern Time

[https://usaswimming.zoom.us/meeting/register/tJ0tdO2tpzstHNbIXpkxIuBVcbOJl\\_98GnuJ](https://usaswimming.zoom.us/meeting/register/tJ0tdO2tpzstHNbIXpkxIuBVcbOJl_98GnuJ)

Athlete Registration: Dec 2, 2021; 8:00PM Eastern Time

[https://usaswimming.zoom.us/meeting/register/tJckfumrqj4oE9MSnIP5TsEt84T1NqIM\\_FS1](https://usaswimming.zoom.us/meeting/register/tJckfumrqj4oE9MSnIP5TsEt84T1NqIM_FS1)

- **Futures Time Standards**
  - <https://www.usaswimming.org/docs/default-source/timesdocuments/time-standards/2022/futures2022championshipstimestandards.pdf>
- **Speedo Sectional Max Time Standards**
  - <https://www.usaswimming.org/docs/default-source/timesdocuments/time-standards/2022/speedosectionals2022timestandards.pdf>
- **New Membership Category**
  - Recording: <https://vimeo.com/649238047>
  - Slides: [https://www.usaswimming.org/docs/default-source/clinics-webinar-resources/new-membership-webinar-\(safe-sport\)/new-membership-category-webinar\\_slides.pdf](https://www.usaswimming.org/docs/default-source/clinics-webinar-resources/new-membership-webinar-(safe-sport)/new-membership-category-webinar_slides.pdf)

- **2022 Indy Spring Cup**

Dates: Wednesday, May 18 - Saturday, May 21

Qualifying Times: USA Swimming Futures Cuts

Event order will match your 2021 Spring Cup meets and will be LCM.

Local Contacts: Arlene McDonald [indyarlene@gmail.com](mailto:indyarlene@gmail.com) & Ed

Merklin [emerklin@iupui.edu](mailto:emerklin@iupui.edu)

Hotels: We will share that link when we have it.

- **Sports Development Division Staff Resource List** (Updated)

<https://www.usaswimming.org/docs/default-source/governance/lsc-managementdocuments/best-practices/resource-list.pdf>

- **Phillips 66 International Team Trials:** (LCM) April 26-30, 2022, Greensboro,

- <https://www.usaswimming.org/docs/default-source/timesdocuments/time-standards/2022/internationalteamtrials2022timestandards.pdf> ;

- **Speedo Summer Junior Championships** Time Standards:

- <https://www.usaswimming.org/docs/default-source/timesdocuments/time-standards/2022/speedojrnationalchamps2022timestandards.pdf> ;

- **Summer Phillips 66 National Championship** Time Standards:

- <https://www.usaswimming.org/docs/default-source/timesdocuments/time-standards/2022/p66nationalchamps2022timestandards.pdf>

- **Learn-to-Swim Grants**

- [Learn to Swim Grants \(usaswimming.org\)](https://www.usaswimming.org)
- [2022 Youth Learn to Swim Grant Application - USA Swimming \(smapply.io\)](#)
- 2022 YOUTH LEARN TO SWIM GRANTS INFORMATIONAL WEBINAR(recording)
- [https://usaswimming.zoom.us/rec/play/2YgR0CPO\\_fptESyrQP-EgVaZ42Ykzkgw5uqmdQUpaDV6QDGiEkqvwgq4mKor4C0KM4ZWn6lbhmn2enCq.ixmph6SE5olpEEN?continueMode=true&x\\_zm\\_rtaid=JDTb\\_WqgTieYV2v3qoORNA.1635536611191.b40597a630fc9887dbbf400face7b1a&x\\_zm\\_rhtaid=602](https://usaswimming.zoom.us/rec/play/2YgR0CPO_fptESyrQP-EgVaZ42Ykzkgw5uqmdQUpaDV6QDGiEkqvwgq4mKor4C0KM4ZWn6lbhmn2enCq.ixmph6SE5olpEEN?continueMode=true&x_zm_rtaid=JDTb_WqgTieYV2v3qoORNA.1635536611191.b40597a630fc9887dbbf400face7b1a&x_zm_rhtaid=602)
- 2022 ADULT LEARN TO SWIM GRANTS INFORMATIONAL WEBINAR(recording)

[https://usaswimming.zoom.us/rec/play/4U5T6O9JpFP-c1ywLYLVrPI3BXUfzyIABk78PBktYcLg9R8R6ysR7\\_SbMUNpwifjBJONz93gZutCnlSO.dHdE5srZM9eexxF1?continueMode=true&x\\_zm\\_rtaid=JDTb\\_WqgTieYV2v3qoORNA.1635536611191.b40597a630fc9887dbbf400face7b1a&x\\_zm\\_rhtaid=602](https://usaswimming.zoom.us/rec/play/4U5T6O9JpFP-c1ywLYLVrPI3BXUfzyIABk78PBktYcLg9R8R6ysR7_SbMUNpwifjBJONz93gZutCnlSO.dHdE5srZM9eexxF1?continueMode=true&x_zm_rtaid=JDTb_WqgTieYV2v3qoORNA.1635536611191.b40597a630fc9887dbbf400face7b1a&x_zm_rhtaid=602)

- **USA Swimming Workshop**; April 21-24, 2022; Denver Marriott Tech Center
  - <https://www.usaswimming.org/event/2022/04/21/default-calendar/zone-workshop>
- **CLBMS 201 for 2022**: Jan. 22, April 9, June 11 & Oct 15
- **Winter Championships**
  - **2021 Toyota U.S. Open** (LCM) Greensboro, NC
    - Dec 1-4
    - <https://www.usaswimming.org/docs/default-source/default-document-library/2021-toyota-us-open-8-30-21.pdf> ;
  - **2021 Speedo Winter Junior Championships** (SCY) Greensboro, NC & Austin, TX
    - Dec 8-11
    - <https://www.usaswimming.org/docs/default-source/default-document-library/2021-winter-jrs-meet-info-8-25-21b4d85cfa6cbc6a0a9b57ff00009030c2.pdf>
- Reminder that **Board Sanctioning Guidelines** have not changed since October
  - <https://www.usaswimming.org/docs/default-source/coronavirus-resources---updated/2020-return-to-competitionv3.pdf> ;
- **LEAP**: <https://www.usaswimming.org/about/lsc-governance#leap> ;
- **Webinars & Clinics** (upcoming & previously recorded): <https://www.usaswimming.org/coaches/clinics-workshops#webinars---presentations> ;
- **12 and Under Banned/Approved Suit list** – Including the FINA Numbers
  - Doc: <https://www.usaswimming.org/docs/default-source/rules-regulations/tech-suit-restrictions/12-under-approved-suits-2-18-21.pdf> ;
  - Article: <https://www.usaswimming.org/news/2020/08/24/tech-suit-restriction-for-12-and-under-swimmers> ;
  - FAQ: <https://www.usaswimming.org/news/2021/03/15/12-under-tech-suit-restrictions---frequently-asked-questions> ;
- **Golden Goggles** rescheduled to December 7

## **COACHING REQUIREMENTS INFORMATION**

### **Coaching Advantage Tutorial (CAT)**

Starting September 1, all coach members will be required to complete an annual USADA Coaching Advantage Tutorial (CAT) course by January 1, 2020. This 20-minute video course (presented in four modules) was added following discussions with the Age Group Anti-Doping Task Force and will be available on the LEARN platform, covering WADA code, checking medications, the testing process and a coach's role in the clean sport movement. The latter is an incredibly significant element of the training that is crucial at all age levels. Renewal date for this course will be one year from completion date. Please direct questions about the USADA Coaching Advantage Tutorial to [learn@usaswimming.org](mailto:learn@usaswimming.org).

**Concussion Protocol Training** This requirement is new for all coaches and officials in 2020. Though several states have previously passed concussion education requirements, USA Swimming will now require all coaches and officials complete **by January 1, 2020**.

- Courses from the [Center for Disease Control and Prevention \(CDC\)](#) or the [National Federation of State High School Associations \(NFHS\)](#), as well as individual states' required courses will satisfy the USA Swimming requirement. (For example, if a coach lives/coaches in a state with a concussion education requirement, he/she must only complete

this requirement and will not need to complete an additional course). Many high school coaches will have already completed the NFHS training.

- For USA Swimming membership, coaches and officials must successfully complete concussion and head injury education at least once. Individual states may require annual or continuing education and coaches/officials must abide by the requirements of their home state or states in which they coach or officiate.
- This requirement is necessary to avoid personal liability for concussion/head strike incidents, ensuring our insurers will continue to provide liability insurance protection to USA Swimming, coaches, officials and clubs.

**Jobs** – Be sure and check for swimming job opportunities on LE website – Member Resources – Coaches – Job Openings.

**Camps** – Check for any summer camps at Meets/Events – Camps/Swimposiums for those interested.

**Recognition of Athletes on LE Website** – LE uses their opening web page to recognize athletes, coaches, clubs and volunteers. For posting send [pamswim@aol.com](mailto:pamswim@aol.com) : recognition words, picture and parent release form if athlete is a minor. These forms are available on LE website – opening page. Recognition can be for sportsmanship and other criteria as well as performance. All who submit will be recognized, there is no selection criteria.

**Coaches and Swimmers: Warm-up Procedure Reminder** - 3-Point Feet First Entry  
IT IS IMPORTANT TO REMEMBER TO ALWAYS ENTER THE POOL DURING WARM-UP WITH A 3-POINT FEET FIRST ENTRY!! This 3-point entry is for the safety of all swimmers. NEVER dive or jump into the warm-up pool. A 3-point feet first entry is when you enter the pool with both feet while keeping one hand on the wall/deck. During the pre-meet warm-up there will be lanes available for dives from the starting blocks/deck, ONLY then can you dive off the deck or blocks while under the direct supervision of your coach

#### **Coaches Info** –

- Coaches can verify current membership at meets with the Deck Pass app. If a coach cannot show current membership, the coach will sit in the stands. There is no longer a Coach Verification form at meets. Please plan ahead to make sure your certs and membership is current.
- When you update your CPR and STSC (both parts – pool and online test) certifications, email link or cert to Permanent Office so the certs can be updated in SWIMS. Emails, telephone calls or blank letterhead letters that you took a course are **not accepted**. Do not assume that you can send certifications on Friday night or Saturday and be on the pool deck that weekend. Please plan ahead.
- You **cannot** either register as a non-athlete/coach or present updated certifications to the meet referee at a meet. All registrations and updated certifications are handled by the Registration Coordinator and must be completed one day prior to when you want to be on the pool deck. Check to make sure that certifications are acceptable to USA Swimming by going to the USA Swimming website and clicking on Member Resources - Coach.