

## Lake Erie Swimming, Inc.

September 15, 2022

Every Friday LE will publish an electronic newsletter on latest developments. All club contacts and non-athlete who have a valid email address will automatically receive the newsletter. Others may email [pamswim@aol.com](mailto:pamswim@aol.com) to get on the distribution list. The newsletter will also be posted on the web. Please share with other club officers and post at your practice facility for your parents and athletes. Send/email me any input you may wish to share with the LE swimming community. If you check email infrequently, always check it on Friday.

**Meet Information is posted on the LE website – <http://www.lakeerieswimming.com>**

**To get “breaking news” to your mobile device, follow LE on Twitter (@LESwimming)**

**LAST CHANCE to Register for LESI Swimposium, Saturday, Sept. 17 at Hawken – Gates Mills Campus Friday, Sept. 16, 8pm No registrations will be taken on Saturday Sept. 17 at the event. Attached is the detailed schedule and registration details. The schedule includes the following:**

- Athlete Clinic with Cody Miller – Olympian Gold Medalist
- Safe Sport for clubs and athletes – Liz Hahn, USA Swimming Director of Safe Sport
- Coaches – Sessions on DEI and Technical Skills
- Clubs – Safe Sport, Meet Management and Club Boards
- Parents – Becoming an Official, Safe Sport, NCAA Panel with Q&A

**2023 LC Bid Packet** has been posted to the LE website. **Deadline is Sept. 19, 2022**

**SWIMS 3.0 – 2023 USA Swimming registration begins Sept. 1. All athletes, non athletes and clubs will renew online with USA Swimming and provide credit card payment.** Clubs will send links to their members for 2023 registration. Club registration will continue as usual. This is only for the USA Swimming registration. Clubs have been cautioned to only register new swimmers and non-athletes initially. As with all major technology initiative, there will be “glitches”. Those LE athletes and non-athletes who are UN should check with [pamswim@aol.com](mailto:pamswim@aol.com). All athletes registered for 2022 year round and non-athletes have membership that do not expire until 12/31.22. Do not rush to renew.

**LE Clubs News** – SHSH (Shaker Sharks) will no longer be a club for Fall 2022. They have merged with STRS (Solon Stars) and the STRS have been renamed as NCAT (North Coast Aquatic Team). Eric Peterson is the head coach ([coachcoacheric.peterson@ncatswim.com](mailto:coachcoacheric.peterson@ncatswim.com))

**LESI eNewsletter** If there are members of your club or anyone else who wants to be on the email distribution list, email me ([pamswim@aol.com](mailto:pamswim@aol.com)) to be added to the list – anyone can be on this list and receive the weekly eNewsletter. The newsletter is also posted on the LESI website.

**USA Swimming Updates**

**Week of September 12, 2022**

- **2023 Tyr Pro Series:** Time Standards will be Winter Junior times.
- **My response to communications re: SWIMS 3.0**

Please be aware that your swimmer will need to be a member of your account. Follow these instructions to link their member IDs and the registration process.

**Account Creation for Existing USA Swimming Members (e.g.: athletes, officials, non-athlete members)**

**Even existing members need to create a new account to access their new member dashboard. During account creation, existing USA Swimming members must link to their NEW USA Swimming ID.**

You will enter and link to your new USA Swimming ID when you create your new account. Once you have entered and linked your new USA Swimming ID, all historical registration data will be automatically transferred and synced to your new account. This includes items such as times, certifications, Athlete Protection Training (APT) status, Background Check status and account permissions.

1. Members can request and receive their new USA Swimming ID by following these steps:
  2. Select “Existing Member” when creating your new account.
    - a. Request your new USA Swimming ID be emailed to you.
    - b. This action will send your new USA Swimming ID to the email on file in USA Swimming’s old member database.
    - c. The email currently on file, that will receive the new ID, may be different than the email entered/used during your new account creation – please check all your email addresses, junk folders, etc.
    - d. The email on file, that will receive the new ID, may be missing, incorrect or outdated. If you do not receive the email with your new ID, it is likely that your email address is incorrect in the old database. Users that do not receive their new USA Swimming ID via email should proceed to the third step.
  3. If you do not receive an email with your new USA Swimming ID, please reach out to your Club. Your Club Admin has access to search in SWIMS, where they can find and share your new USA Swimming ID.
    - a. Once you receive your ID from your club, you can proceed with your account creation.
    - b. Existing members should not proceed with account creation until they have entered their new USA Swimming ID. Proceeding without linking to your new ID will create an account without any record of membership requirements, certifications, times, etc. and you will not have access to your USA Swimming membership dashboard.

Note: In the new account creation process, users are also emailed a Ping verification code. The Ping verification code is not your new USA Swimming ID. The verification code will go to the email used when setting up your new account, not the email stored in the old database. The verification code and the new USA Swimming ID may be emailed to different email addresses.

Click [here](#) for a video tutorial of the account creation process for existing USA Swimming members.

Also, check these videos if applicable:

Creating an Account for Parents - <https://www.youtube.com/watch?v=oR9RDM-ShhY>

Creating an Account for Existing Members - <https://www.youtube.com/watch?v=kDxwiiTjP18>

Registering using OMR - <https://youtu.be/hGKDeHeWhzY>

- **Annual Business Meeting September 22-24, 2022**
  - <https://www.usaswimming.org/event/2022/09/22/default-calendar/annual-business-meeting> (Updated Schedule)
- **Links for Proposed Legislation:**
  - <https://www.usaswimming.org/event/2022/09/23/default-calendar/house-of-delegates-meeting>
  - <https://www.usaswimming.org/officials/rules-regulations>
  - <https://www.usaswimming.org/about-usas/governance/annual-business-meeting>
- There will no longer be a 30 day grace period for 18 and older athletes to complete their Athlete Protection Training.
- **LSC Leaders Zoom:** The full agenda, including links to the recording of this meeting, and links for all specifics discussed on today's call can be found here:  
[https://drive.google.com/drive/folders/17EPbKqRT2gmtmCc\\_AsTF8bgQ8mE6a4Ux?usp=sharing](https://drive.google.com/drive/folders/17EPbKqRT2gmtmCc_AsTF8bgQ8mE6a4Ux?usp=sharing)

- **Dates for USA Swimming Domestic Events**

<i>Date</i>	<i>Competition</i>	<i>Location</i>
Jan 11-14	TYR Pro Swim Series	Knoxville, Tenn.
Mar 1-4	TYR Pro Swim Series	Ft Lauderdale, Fla.
Apr 12-15	TYR Pro Swim Series	Westmont, Ill.
Apr 21-23	Open Water Nationals	Sarasota, Fla.

May 17-20	TYR Pro Swim Series	Mission Viejo, Calif.
Jun 27-July 1	International Team Trials	Indianapolis, Ind.
Jul 25-29	Speedo Junior National Championships	Irvine, Calif.
Aug 1-5	Phillips 66 National Championships	Irvine, Calif.
Nov 29-Dec 2	Toyota U.S. Open	TBD
Dec 6-9	Speedo Winter Junior Championships (East)	TBD
Dec 6-9	Speedo Winter Junior Championships (West)	TBD

- **Safe Sport Trainings**
- **Parents: Wednesday, Oct 19 at 8 p.m. ET**
- [https://usaswimming.zoom.us/meeting/register/tJwtc-uhqj4uGNXnV\\_Ng7oOIEyUn\\_xR4bwo8](https://usaswimming.zoom.us/meeting/register/tJwtc-uhqj4uGNXnV_Ng7oOIEyUn_xR4bwo8)
- **Athletes: Thurs, Oct 27 at 8 p.m. ET**
- [https://usaswimming.zoom.us/meeting/register/tJ0odeCurzosE9zrz6IAUOhehMeJud62\\_IBQ](https://usaswimming.zoom.us/meeting/register/tJ0odeCurzosE9zrz6IAUOhehMeJud62_IBQ) **Coaches: Friday, Oct 28 at 3 p.m. ET**
- <https://usaswimming.zoom.us/meeting/register/tJErceutqi0oG9z6gnK85CHwJBexYznfZBkT>
- **Flex Membership**

The USA Swimming Board of Directors has approved two changes to the USA Swimming Flex Membership category. Both changes are effective September 1, 2022, for the 2023 membership year.

In January of 2020, the USA Swimming Board of Directors approved changes to the Flex Membership for the 2021 Membership Year, which included restrictions by age and tiered increases in price. That action was delayed until the 2023 Membership Year due to COVID-19. Since then, the Board of Directors has simplified the changes to Flex for the 2023 Membership Year, to begin September 1, 2022.

First, the Flex Membership category will be available only for athletes ages 12 and younger. This is intended to maximize the benefit of the Flex Membership, given current membership trends and projections.

Additionally, the Board approved changing the Flex Membership fee to \$30, with \$20 of the fee going to USA Swimming and \$10 going to the Local Swimming Committee (LSC) [Note: the LSC may not charge more than the \$10 fee]. The previous fee for this category of membership has not kept pace with fee increases to the Premium Membership, and this change is intended to keep this fee in line with other membership increases.

For questions, please contact [membership@usaswimming.org](mailto:membership@usaswimming.org).

- **SWIMS 3.0 Questions:**
- <https://www.usaswimming.org/about-usas/resources/swims-database>
- Email: [Swims3.0@usaswimming.org](mailto:Swims3.0@usaswimming.org)

- **LSC Leaders Resources folder:** Access information on the Governance Series, notes from LSC Leaders meetings, and leading practices from LSCs for ideas and shared services moving forward  
<https://drive.google.com/drive/folders/1eh0WugGdopgAovEi8x9UHL1AcTrXTDjj?usp=sharing>
- **[LSC Board and Staff Change Form](https://fs22.formsite.com/usaswimming/qbaao4q5ry/index.html)** please use this form moving forward to update USA Swimming on LSC leadership positions. This form is also available on the website under about/LSC Governance.  
<https://fs22.formsite.com/usaswimming/qbaao4q5ry/index.html>
- **New Membership Category**
- <https://www.usaswimming.org/news/2021/12/10/new-categories-of-individuals-required-to-be-non-athlete-members>
- **Webinars & Clinics** (upcoming & previously recorded):  
<https://www.usaswimming.org/coaches-leaders/team-leaders/programs-services#webinars---presentations>
- **12 and Under Banned/Approved Suit list** – Including the FINA Numbers
- Doc: <https://www.usaswimming.org/docs/default-source/rules-regulations/tech-suit-restrictions/12-under-approved-suits-2-18-21.pdf>
- Article: <https://www.usaswimming.org/news/2020/08/24/tech-suit-restriction-for-12-and-under-swimmers>

FAQ: <https://www.usaswimming.org/news/2021/03/15/12-under-tech-suit-restrictions---frequently-asked-questions>

**Recognition of Athletes on LE Website** – LE uses their opening web page to recognize athletes, coaches, clubs and volunteers. For posting send [pamswim@aol.com](mailto:pamswim@aol.com) : recognition words, picture and parent release form if athlete is a minor. These forms are available on LE website – opening page. Recognition can be for sportsmanship and other criteria as well as performance. All who submit will be recognized, there is no selection criteria.

**Coaches and Swimmers: Warm-up Procedure Reminder** - 3-Point Feet First Entry  
IT IS IMPORTANT TO REMEMBER TO ALWAYS ENTER THE POOL DURING WARM-UP WITH A 3-POINT FEET FIRST ENTRY!! This 3-point entry is for the safety of all swimmers. NEVER dive or jump into the warm-up pool. A 3-point feet first entry is when you enter the pool with both feet while keeping one hand on the wall/deck. During the pre-meet warm-up there will be lanes available for dives from the starting blocks/deck, ONLY then can you dive off the deck or blocks while under the direct supervision of your coach

**Coaches Info** – Certs that need to be emailed to the LSC registrar are the following:

- CPR
- STSC – both parts
- Concussion cert

All other required certs (listed below) go automatically in the SWIMS record. If there any problems, contact [learn@usaswimming.org](mailto:learn@usaswimming.org)

- Background Check
- Athlete Protection Training
- Coach Advantage Tutorial
- Coach ED 101
- Coach ED 201
- Rules and Regulations