

## Lake Erie Swimming, Inc.

April 11, 2022

Every Friday LE will publish an electronic newsletter on latest developments. All club contacts and non-athlete who have a valid email address will automatically receive the newsletter. Others may email [pamswim@aol.com](mailto:pamswim@aol.com) to get on the distribution list. The newsletter will also be posted on the web. Please share with other club officers and post at your practice facility for your parents and athletes. Send/email me any input you may wish to share with the LE swimming community. If you check email infrequently, always check it on Friday.

**Meet Information is posted on the LE website – <http://www.lakeerieswimming.com>**

**To get “breaking news” to your mobile device, follow LE on Twitter (@LESwimming)**

**2021-2022 – Short Course Top Ten** has been posted to the LE website. Send corrections/additions to [pamswim@aol.com](mailto:pamswim@aol.com).

**2021-2022 Short Course Records** will be posted to the LE website. Send corrections/additions to [pamswim@aol.com](mailto:pamswim@aol.com)

**APT** - The Center will be updating the APT courses (Core, R1, R2, and R3) on April 20.

### ***Rules and Regulations Test/Official Tests***

The Rules and Regulations for Swim Coaches test will be unavailable from April 15-30. The officials' online tests will also be unavailable on these dates. All of these tests will be updated to allow for the May 1st rule changes. There is no grace period for coaches; they cannot be on deck at practice or meets until they meet the education requirement. The Rules and Regulations for Swim Coaches test is part of the 2nd year coach membership requirement. You may get calls from panicked coaches but there is nothing they can do until the updated tests are back online May 1st.

**LESI Welcomes Macedonia Manta Rays (MRAY) as a new club.** Lori May is the contact and head coach ([lori.may05@yahoo.com](mailto:lori.may05@yahoo.com))

**LESI schedule update** – will be reposted to LE website

- Long Course JOs – 7/22-24, CSU
- Sr. Champs – 7/29-31, Host and Location TBD

**Learn to Be a Swimming Official Workshop – April 30** (see LE website for more info)

**[2022 Central Zone Multi Cultural Meet Information](#) [Landing Page](#)**

**2022-2023 Short Course Bid Applications** - Bid applications are now being accepted for the 2022/2023 Short Course meet schedule. Teams interested in hosting meets should complete the [attached document](#) and return to Bill Bare electronically by the deadline.

**LESI eNewsletter** – The email distribution list for the LESI eNewsletter has been updated to 2020 and 2021 non athlete members. If there are members of your club or anyone else who wants to be on the email distribution list, email me ([pamswim@aol.com](mailto:pamswim@aol.com)) to be added to the list – anyone can be on this list and receive the weekly eNewsletter. The newsletter is also posted on the LESI website.

## **USA Swimming Updates**

**Week of April 4, 2022**

### ***USA Swimming Workshop***

- Dates: April 21-24, 2022
- Location: Denver Marriott Tech Center
- [Schedule and Registration](#)

### ***Annual Business Meeting***

- Dates: September 22-24, 2022
- Location: Colorado Springs, Colorado
- [Information](#)
- [House of Delegates Meeting](#)

### ***Safe Sport Training***

- Training opportunities for parents, coaches, and athletes
- [Dates and Registration](#)

### ***New Categories of Individuals Required to be Non-Athlete Members***

- [Information](#)

### ***12 and Under Banned/Approved Suit list***

- [Frequently Asked Questions](#)
- [Tech Suit Restrictions Overview](#)
- [FINA Approved Suits](#)

## **Camps**

## **Clinics, Webinars, & Education**

### **[Archives](#)**

### ***Club Leadership Business Management School (101 & 201)***

- [Information](#)
- CLBMS 201 Dates: April 30 (note date change), June 11, & October 15
- [CLBMS 201 Registration](#)

### ***Regional Coaches Clinic***

- Dates: April 29-May 1, 2022
- Location: Colorado Springs, Colorado
- [Information and Registration](#)

## **Meet Information**

### ***Phillips 66 International Team Trials***

- Dates: April 26-30, 2022
- Location: Greenboro, NC
- No changes at this moment. Please be patient as the National Team Staff is awaiting formal FINA decisions.
- [Time Standards](#)

### ***Speedo Summer Junior Championships***

- [Time Standards](#)

## *Summer Phillips 66 National Championship*

- [Time Standards](#)

## **2022 Indy Spring Cup (Updated) 40<sup>th</sup> Anniversary of the IUPUI Natatorium!**

**Dates: May 18-21, 2022**

<https://iunat.iupui.edu/22-indy-spring-cup-files/index.html>

## **LSC Leadership**

### **LSC Leadership Resources Folder**

- Information on the governance series, notes from LSC Leaders meetings, and leading practices from LSC's
- [Resources Folder](#)

### *LSC Board and Staff Change Form*

- Please send updates to USA Swimming on LSC leadership position changes
- [LSC Leadership Change Form](#)

### *Board Sanctioning Guidelines*

- With the upcoming amendments to articles 202.4 and 202.6 of the USA Swimming Rules set to expire, the USA Swimming Board of Directors has reconvened and voted to extend the previous extension of April 2020 to **August 31, 2022**.
- [LSC Sanction Requirements](#)

### *LSC Select Camp*

- [Application to host a camp](#)
- [Administrative Manuel](#)

**Concussion Protocol Training** This requirement is new for all coaches and officials in 2020. Though several states have previously passed concussion education requirements, USA Swimming will now require all coaches and officials complete **by January 1, 2020**.

- Courses from the [Center for Disease Control and Prevention \(CDC\)](#) or the [National Federation of State High School Associations \(NFHS\)](#), as well as individual states' required courses will satisfy the USA Swimming requirement. (For example, if a coach lives/coaches in a state with a concussion education requirement, he/she must only complete this requirement and will not need to complete an additional course). Many high school coaches will have already completed the NFHS training.
- For USA Swimming membership, coaches and officials must successfully complete concussion and head injury education at least once. Individual states may require annual or continuing education and coaches/officials must abide by the requirements of their home state or states in which they coach or officiate.
- This requirement is necessary to avoid personal liability for concussion/head strike incidents, ensuring our insurers will continue to provide liability insurance protection to USA Swimming, coaches, officials and clubs.

**Jobs** – Be sure and check for swimming job opportunities on LE website – Member Resources – Coaches – Job Openings.

**Camps** – Check for any summer camps at Meets/Events – Camps/Swimposiums for those interested.

**Recognition of Athletes on LE Website** – LE uses their opening web page to recognize athletes, coaches, clubs and volunteers. For posting send [pamswim@aol.com](mailto:pamswim@aol.com) : recognition words, picture and parent release

form if athlete is a minor. These forms are available on LE website – opening page. Recognition can be for sportsmanship and other criteria as well as performance. All who submit will be recognized, there is no selection criteria.

**Coaches and Swimmers: Warm-up Procedure Reminder** - 3-Point Feet First Entry

IT IS IMPORTANT TO REMEMBER TO ALWAYS ENTER THE POOL DURING WARM-UP WITH A 3-POINT FEET FIRST ENTRY!! This 3-point entry is for the safety of all swimmers. NEVER dive or jump into the warm-up pool. A 3-point feet first entry is when you enter the pool with both feet while keeping one hand on the wall/deck. During the pre-meet warm-up there will be lanes available for dives from the starting blocks/deck, ONLY then can you dive off the deck or blocks while under the direct supervision of your coach

**Coaches Info –**

- Coaches can verify current membership at meets with the Deck Pass app. If a coach cannot show current membership, the coach will sit in the stands. There is no longer a Coach Verification form at meets. Please plan ahead to make sure your certs and membership is current.
- When you update your CPR and STSC (both parts – pool and online test) certifications, email link or cert to Permanent Office so the certs can be updated in SWIMS. Emails, telephone calls or blank letterhead letters that you took a course are **not accepted**. Do not assume that you can send certifications on Friday night or Saturday and be on the pool deck that weekend. Please plan ahead.
- You **cannot** either register as a non-athlete/coach or present updated certifications to the meet referee at a meet. All registrations and updated certifications are handled by the Registration Coordinator and must be completed one day prior to when you want to be on the pool deck. Check to make sure that certifications are acceptable to USA Swimming by going to the USA Swimming website and clicking on Member Resources - Coach.