

## Lake Erie Swimming, Inc.

January 9, 2022

Every Friday LE will publish an electronic newsletter on latest developments. All club contacts and non-athlete who have a valid email address will automatically receive the newsletter. Others may email [pamswim@aol.com](mailto:pamswim@aol.com) to get on the distribution list. The newsletter will also be posted on the web. Please share with other club officers and post at your practice facility for your parents and athletes. Send/email me any input you may wish to share with the LE swimming community. If you check email infrequently, always check it on Friday.

Meet Information is posted on the LE website – <http://www.lakeerieswimming.com>

To get “breaking news” to your mobile device, follow LE on Twitter (@LESwimming)

### LESI Information Regarding LESI Regional Meets and Time Standards – see LE website

### IMPORTANT INFORMATION FOR CLUB REGARDING NON-ATHLETES Update (12/27/21) - Meet marshals do not need to be non-athlete members

**LESI eNewsletter** – The email distribution list for the LESI eNewsletter has been updated to 2020 and 2021 non athlete members. If there are members of your club or anyone else who wants to be on the email distribution list, email me ([pamswim@aol.com](mailto:pamswim@aol.com)) to be added to the list – anyone can be on this list and receive the weekly eNewsletter. The newsletter is also posted on the LESI website.

### USA Swimming Updates Week of January 3, 2022

- **Knoxville Tyr Pro Series Meet Canceled**
- **Des Moines Tyr Pro Series updated Time Standards:**
  - <https://www.usaswimming.org/docs/default-source/default-document-library/tyr-pss-des-moines-1-4-22.pdf>
- **CLBMS 201 for 2022: Jan. 22 Virtual**
  - <https://www.usaswimming.org/coaches/clinics-workshops/club-leadership-business-management-school/clubms-201-registration>
- **Board Sanctioning Guidelines**
  - With the upcoming amendments to articles 202.4 and 202.6 of the USA Swimming Rules set to expire, the USA Swimming Board of Directors has reconvened and voted to extend the previous extension of April 2020 to **August 31, 2022**.
  - The Board of Directors had previously voted to amend the articles to require certain COVID-related precautions in order to issue meet sanctions and approvals, assumption of risk, and release of liability.
  - As always, USA Swimming, Local Swimming Committees (LSC) and club activities must also follow state and local health guidelines.
  - The amended rules regarding requirements for sanction and approval are listed below and posted [here](#) on the website.
  - [https://www.usaswimming.org/docs/default-source/coronavirus-resources---updated/returntocompetitionlscsanctionreqsv6.pdf?mkt\\_tok=MjM2LUtDWi00OTUAAAGBVFfsK0Pfa3FKzj4cQWStMYrM735ooYfn3NEZ\\_DRXd23-GcBkGSoEJpb81Lc7I5Rlw-ylSH\\_z-zOvKag-hCcOKQYtJS7bCmOw1z-PfPtg](https://www.usaswimming.org/docs/default-source/coronavirus-resources---updated/returntocompetitionlscsanctionreqsv6.pdf?mkt_tok=MjM2LUtDWi00OTUAAAGBVFfsK0Pfa3FKzj4cQWStMYrM735ooYfn3NEZ_DRXd23-GcBkGSoEJpb81Lc7I5Rlw-ylSH_z-zOvKag-hCcOKQYtJS7bCmOw1z-PfPtg)
- **New Membership Category**
  - <https://www.usaswimming.org/news/2021/12/10/new-categories-of-individuals-required-to-be-non-athlete-members>

- **2022 Indy Spring Cup**

Dates: Wednesday, May 18 - Saturday, May 21

Qualifying Times: USA Swimming Futures Cuts

Event order will match your 2021 Spring Cup meets and will be LCM.

Local Contacts: Arlene McDonald [indyarlene@gmail.com](mailto:indyarlene@gmail.com) & Ed Merklin [emerklin@iupui.edu](mailto:emerklin@iupui.edu)

Hotels: We will share that link when we have it.

- **Sports Development Division Staff Resource List** (Updated)

<https://www.usaswimming.org/docs/default-source/governance/lsc-managementdocuments/best-practices/resource-list.pdf>

- **Phillips 66 International Team Trials:** (LCM) April 26-30, 2022, Greensboro,

- o <https://www.usaswimming.org/docs/default-source/timesdocuments/time-standards/2022/internationalteamtrials2022timestandards.pdf> ;

- **Speedo Summer Junior Championships** Time Standards:

- o <https://www.usaswimming.org/docs/default-source/timesdocuments/time-standards/2022/speedojrnationalchamps2022timestandards.pdf> ;

- **Summer Phillips 66 National Championship** Time Standards:

- o <https://www.usaswimming.org/docs/default-source/timesdocuments/time-standards/2022/p66nationalchamps2022timestandards.pdf>

- **USA Swimming Workshop;** April 21-24, 2022; Denver Marriott Tech Center

- o <https://www.usaswimming.org/event/2022/04/21/default-calendar/zone-workshop>

- **LEAP:** <https://www.usaswimming.org/about/lsc-governance#leap> ;

- **Webinars & Clinics** (upcoming & previously recorded):

<https://www.usaswimming.org/coaches/clinics-workshops#webinars---presentations> ;

- **12 and Under Banned/Approved Suit list** – Including the FINA Numbers

- o Doc: <https://www.usaswimming.org/docs/default-source/rules-regulations/tech-suit-restrictions/12-under-approved-suits-2-18-21.pdf> ;

- o Article: <https://www.usaswimming.org/news/2020/08/24/tech-suit-restriction-for-12-and-under-swimmers> ;

- o FAQ: <https://www.usaswimming.org/news/2021/03/15/12-under-tech-suit-restrictions---frequently-asked-questions>

**Concussion Protocol Training** This requirement is new for all coaches and officials in 2020. Though several states have previously passed concussion education requirements, USA Swimming will now require all coaches and officials complete **by January 1, 2020**.

- Courses from the [Center for Disease Control and Prevention \(CDC\)](#) or the [National Federation of State High School Associations \(NFHS\)](#), as well as individual states' required courses will satisfy the USA Swimming requirement. (For example, if a coach lives/coaches in a state with a concussion education requirement, he/she must only complete this requirement and will not need to complete an additional course). Many high school coaches will have already completed the NFHS training.
- For USA Swimming membership, coaches and officials must successfully complete concussion and head injury education at least once. Individual states may require annual or continuing education and coaches/officials must abide by the requirements of their home state or states in which they coach or officiate.

- This requirement is necessary to avoid personal liability for concussion/head strike incidents, ensuring our insurers will continue to provide liability insurance protection to USA Swimming, coaches, officials and clubs.

**Jobs** – Be sure and check for swimming job opportunities on LE website – Member Resources – Coaches – Job Openings.

**Camps** – Check for any summer camps at Meets/Events – Camps/Swimposiums for those interested.

**Recognition of Athletes on LE Website** – LE uses their opening web page to recognize athletes, coaches, clubs and volunteers. For posting send [pamswim@aol.com](mailto:pamswim@aol.com) : recognition words, picture and parent release form if athlete is a minor. These forms are available on LE website – opening page. Recognition can be for sportsmanship and other criteria as well as performance. All who submit will be recognized, there is no selection criteria.

**Coaches and Swimmers: Warm-up Procedure Reminder** - 3-Point Feet First Entry  
IT IS IMPORTANT TO REMEMBER TO ALWAYS ENTER THE POOL DURING WARM-UP WITH A 3-POINT FEET FIRST ENTRY!! This 3-point entry is for the safety of all swimmers. NEVER dive or jump into the warm-up pool. A 3-point feet first entry is when you enter the pool with both feet while keeping one hand on the wall/deck. During the pre-meet warm-up there will be lanes available for dives from the starting blocks/deck, ONLY then can you dive off the deck or blocks while under the direct supervision of your coach

**Coaches Info** –

- Coaches can verify current membership at meets with the Deck Pass app. If a coach cannot show current membership, the coach will sit in the stands. There is no longer a Coach Verification form at meets. Please plan ahead to make sure your certs and membership is current.
- When you update your CPR and STSC (both parts – pool and online test) certifications, email link or cert to Permanent Office so the certs can be updated in SWIMS. Emails, telephone calls or blank letterhead letters that you took a course are **not accepted**. Do not assume that you can send certifications on Friday night or Saturday and be on the pool deck that weekend. Please plan ahead.
- You **cannot** either register as a non-athlete/coach or present updated certifications to the meet referee at a meet. All registrations and updated certifications are handled by the Registration Coordinator and must be completed one day prior to when you want to be on the pool deck. Check to make sure that certifications are acceptable to USA Swimming by going to the USA Swimming website and clicking on Member Resources - Coach.