

The Fast Lane Swim Camp

The Fast Lane Swim Camp is one of the most **CREDIBLE** and **AFFORDABLE** swimming camps in Northeast Ohio. With a coaching staff backed by **DECADES** of **EXPERIENCE**, we **GUARNTEE** you will get the highest quality instruction and the best value for your money.

The Fast Lane Swim Camp is designed for competitive swimmers ages 8-18 years. Through the week, emphasis will focus on all of the following: stroke mechanics, starts, turns, finishes, sport psychology training, and sports nutrition.

Locations and Dates



The Cleveland State University Fast Lane Swim Camp

June 9-13, 2008

Session #1 Times: 9:30 AM - 1:00 PM **Session #2 Times:** 12:30 PM - 4:00 PM



The Berea High School Fast Lane Swim Camp

June 16-20, 2008

Session Times: 12:30 PM - 4:00 PM



The Notre Dame College Fast Lane Swim Camp

June 23-27, 2008

Session Times: 12:30 PM - 4:00 PM

For more information or registration go to www.fastlaneswimming.net

or contact Mike Gallagher 440-826-0579 or coachmike@fastlaneswimming.net